



GLOBAL EXPERIENCES | UNDERGRADUATE RESEARCH | CAREER ADVISING & INTERNSHIPS

## Freshman

Self-Exploration and Career Planning

### Self-Assess

- Explore interests and skills with Myers-Briggs, Strong, DISC

### Meet with a Career Advisor

- Develop your own personal four-year plan

### Be Mentored

- Through our Alumni or Parent Networking Programs

### Attend

- Career-related programs, workshops, job fairs, networking events

### Create

- A presence online and develop your brand with social media such as LinkedIn

### Research

- Career fields and experiential learning opportunities

### Get Involved

- On-campus or off-campus. Join and volunteer

### Create a Resume and Achieve Academically

The CEAE is located on the 2nd floor of the Academic Center in the C wing.

Tel: 570-321-4602 | [CEAE@lycoming.edu](mailto:CEAE@lycoming.edu)



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## Sophomore

Career Exploration and Leadership Development

### **Declare a Major**

- Meet with a Career Advisor and Academic Advisor to plan and discuss your career pathway

### **Research Careers**

- At Snowden Library, CEAE, and online resources

### **Conduct Informational Interviews**

- With alumni, community members, faculty, staff, and parents

### **Secure an Internship, Externship, or Summer Job**

- Related to your career path

### **Attend**

- Career-related programs, workshops, job fairs, networking events

### **Take an Active Role**

- In an organization to develop problem-solving and teamwork skills (and to build your resume!)

### **Think Globally**

- Explore study abroad and travel opportunities

### **Update Your Resume and Achieve Academically**

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## Junior

Sharpening Your Focus

### **Meet with a Career Advisor**

- Create your job or graduate school plans

### **Develop Professionally**

- Network actively with alumni, parents, faculty, and staff

### **Research Graduate Schools**

### **Participate in an Externship or Internship or Enhanced Academic Experience**

- Get some hands-on experience in your field of study

### **Attend Graduate and Career Fairs**

- On and off campus

### **Become a Leader**

- Inside and outside the classroom

### **Participate in Study Abroad and Experiential Travel Opportunities**

### **Update Your Resume and Achieve Academically**

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## Senior

Implementation and Transition

### **Design Your Job Search Strategy or Graduate School Plan**

- Create PLAN B

### **Ask Faculty, Staff, or Supervisors for References**

### **Complete another Internship, Externship, or Enhanced Academic Experience**

### **Continue to Network**

### **Practice with a Mock Interview**

- For graduate school or employment interviews

### **Prepare for Life After Lycoming**

- With training such as budgeting, negotiating job offers, networking, office politics, etc.

### **Establish Your Brand**

- Maintain your professional online presence

### **Report Job Offers & Grad School Acceptances**

### **Update Your Resume**

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