

## **Battle**

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***Battle*** is a body of work that focuses on the constant inner struggle within oneself against society. Men and women are going through challenges in their everyday lives to overcome their self-conscious issues of not being good enough. Each day, people strive to be confident and be the best version of themselves.

The models are painted in different colors to express their own struggle and then photographed. The smoke manipulations are intended to create an illusion of the models overcoming their issues of the past.

The audience should leave understanding the fight against the past to become confident. The past is not defining, but strengthening and using the past to motivate oneself can help build inner confidence. Due to society and the media, we have become adapted to trusting someone else's opinion, rather than our own. We are all trying to believe in and love ourselves. Men and women are learning how to become confident within themselves and finally breaking societal norms. In order to feel truly confident, we must be able to handle every part of our selves.