

# LYCOMING

SPRING 2010

MAGAZINE

## Making GREEN a Priority

LYCOMING EXAMINES  
ENVIRONMENTAL SUSTAINABILITY

## Leadership and service

Lycoming recognized co-curricular achievement during its fourth annual Leadership & Service Awards Banquet on April 14. Guest speaker was James Hubbard '66. He worked for 36 years in various leadership positions at Mercury Marine, the world's leading manufacturer of recreational marine propulsion engines, based in Fond Du Lac, Wis.

As a community leader and volunteer, Hubbard has been inducted into the Freshwater Fishing Hall of Fame, received a Golden Glow Award from the Association of Great Lakes Outdoor Writers and is an Ordo Honoris recipient of the Lycoming College Psi Chapter of Kappa Delta Rho.

During his address, Hubbard encouraged students to build relationships, make connections and remain active in community service projects throughout their lives.

"There is no feeling like the feeling you get when you help someone," said Hubbard. "Make time to get involved. Everyone should contribute to on-campus and off-campus communities."

Hubbard was the third presenter in the Seuren Leadership Speaker Series, which was established in 2007 by Andrea D. Seuren '76, in memory of her parents. The purpose of the speaker series is to help build a culture of leadership at the College that espouses service, ethics and critical-thinking.



*Award winners from the fourth annual Leadership & Service Awards Banquet*



*James Hubbard '66*

## LYCOMING COLLEGE

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AROUND THE

QUAD



From left: President Dr. James Douthat with faculty teaching award-winners Dr. Gary Hafer and Dr. Cullen Chandler and Provost Dr. Thomas Griffiths

### Dedication and service

Three Lycoming College faculty and staff members were recognized at the 2010 Honors Convocation in April for dedication and service to the College.

Dr. Gary Hafer received the 2010 Constance Cupp Plankenhorn Alumni Award for Faculty Excellence. An associate professor of English, Hafer began his career at the College in 1992.

Dr. Cullen Chandler is the recipient of the 2010 Junior Faculty Teaching Award for excellence in teaching. He is an assistant professor of history who joined Lycoming in 2003.

Andrew Kilpatrick, director of residential life and conferences, received the Makisu Award, which the student body presents to a faculty or staff member for extraordinary service and dedication. He joined the College in 2005.

In addition, Ian Shepherd of Crawfordsville, Ind., was presented with the College's Chieftain Award, the highest honor given to a graduating senior. He majored in archaeology and religion with a minor in biblical languages.



Andrew Kilpatrick



Ian Shepherd '10

### New online journal launched

Lycoming College has found a new way of celebrating student work and it has come in the form of a new journal titled *Schemata*. It is based entirely online and features student essays from departments across the curriculum, from a science lab report to an English literature analysis. Student artwork is also incorporated into the graphic design of the journal.

The journal was the creation of Shanna Wheeler, the assistant director of the College's Academic Resource Center, which houses the Writing Center. It gives students the opportunity to publish their essays and/or gain editorial experience. *Schemata* differs from journals at other schools because it is more inclusive of different disciplines and features work from freshmen through seniors and even recent alumni.

Wheeler says that the journal will be an excellent complement to the College's Writing-Across-the-Curriculum Program, which attempts to foster writing skills among all students by requiring a number of writing-intensive classes both within and outside of their majors.

In addition to Wheeler, a number of students helped bring the first issue, spring 2010, into fruition. Summer Haas was able to establish the journal to a large extent before she graduated in January 2010. After that, a student editorial board helped refine the journal in order to launch it online. Board members include copyeditors Emily Walters, Caitie Eberz and Kari Allegretto; public relations facilitators Erica Smithson and Terrence Lynn; and a graphic designer Lacy Gustafson. The first issue contains 15 essays from more than 50 submissions.

*Schemata* will provide not only a beyond-the-grade publishing venue for students, but also a models-based teaching tool for faculty.

*Schemata* can be found online at [www.lycoming.edu/schemata](http://www.lycoming.edu/schemata).



*Dr. Stan Wilk (seated) with family members at his retirement party in April.*

### **Wilk retires after 37 years**

Dr. Stan Wilk, a professor of anthropology and sociology, has retired after 37 years of dedicated service to Lycoming College. Known around campus for his energy in the classroom, Wilk taught courses in anthropology, sociology, socio-cultural theory, and human services. He is the author of “Humanistic Anthropology.” In addition, he has published articles on shamanism, political identity and cultural theory. He earned a Ph.D. from the University of Pittsburgh after conducting research on political factionalism in rural Mexico.

### **What they’re saying about Dr. Wilk**

“I graduated from Lycoming with a sociology degree. I had Dr. Wilk for many of my classes and greatly enjoyed watching his passion unfold, kicking a few chairs and pounding on the blackboard. He simply had passion and he had purpose as an instructor and a leader. He certainly got my attention. He would often comment that people from New York did not talk fast; people from Pennsylvania were just slow listeners. I enjoyed Dr. Wilk as an instructor and

always learned from his teachings, even doing extra credit reports. My passion for sociology, anthropology and archaeology did not end upon my graduation from Lycoming. My passion began at Lycoming and was driven and encouraged by the likes of Dr. Stan Wilk.”

Steven Nagle '86

*Olathe, Kan.*

*Recreational products manager for Farmers Insurance in Kansas City*

“As I think back to my years at Lycoming College, Dr. Stanley Wilk was an integral part of my studies as a sociology major. His courses opened my mind to recognize the various cultures of people worldwide and that, in life, there are many ways to live a satisfying and happy life - whether in primitive tribal culture or in the urban city. Dr. Wilk was one of the first educators to remind me that I do not exist in this world alone. Bob Dylan sums up my gratitude to Dr. Wilk when he sings, ‘May your hands always be busy, may your feet always be swift, may you have a strong foundation when the winds of changes shift. May your heart always be joyful, may your song always be sung, and may you stay forever young.’”

Tricia LaGrace '97

*Cranford, N.J.*

*Recreation therapist at The Atria, an assisted living facility in Cranford*

### **Student research presented at state capitol**

Senior psychology major Dan Follmer participated in the “Undergraduate Research at the Capitol” in Harrisburg in March. The title of his poster was “Evaluation of Preferred Teaching Strategies: College Student Perceptions of the Impact of Specific Teaching Strategies on Learning Class Performance and Motivation.” Follmer conducted his research with Dr. Susan Beery, assistant professor of psychology.

During the event, Sen. Eugene Yaw '70 (23rd District) visited with Follmer to learn more about his research. Dr. David Dunbar, who earned a biology degree from Lycoming in 1987, was a co-chair of the event. He is an associate professor of biology at Cabrini College in Radnor, Pa.

The purpose of Undergraduate Research at the Capitol is to bring together college students, faculty and Pennsylvania legislators to share the experiences of students engaged in research or scholarship at their colleges and universities.



*Dan Follmer '10 (left) speaks with Sen. Eugene Yaw '70 at the “Undergraduate Research at the Capitol” event*

## And the survey says

The *Lycoming Magazine* is holding its own when compared against college magazines nationally. Proof can be found in the results of a readership survey the Office of College Relations conducted in March through the Council for the Advancement and Support of Education (CASE). Among advancement communications options, magazines are no doubt one of the most effective ways to connect, reconnect and motivate alumni.

Lycoming alumni were randomly chosen to participate in the survey that was distributed via e-mail. Nearly 500 readers responded to the CASE survey, which has been used by more than 135 member institutions in the United States. As a result of more than 47,000 reader responses nationally, Lycoming is able to compare the reading habits, subject preferences and actions of alumni magazine readers.

Regarding quality of the magazine, Lycoming exceeded the national averages in five of the six survey categories: content, cover, ease of reading, layout and design, photography and writing.

Slightly more than 65 percent of the respondents indicated that they acquire most or all of their information about the College from the magazine. Sixty-nine percent prefer to read the publication in print.

Following class notes, alumni are most interested in the following topics: alumni chapter activities, alumni in their professions, individual alumni profiles, institutional history and traditions, and campus facilities and growth.

When asked if the magazine strengthens their personal connection to the College, 91 percent of the respondents said they agree or strongly agree. Making a donation to the College ranked as the most popular action taken after reading the magazine.

Reader comments to several open-ended questions were mostly positive, including “it’s the only connection I have left with some of the best days of my life!” and “it’s a magazine worth keeping ... it’s full of information about everything the College is about...alumni, students, faculty, etc.” On the flipside were remarks such as “full of ‘fluff’ with no substance” and “dump the magazine.”

College Relations will continue to examine the results of the survey and valuable feedback to gain a better understanding of what Lycoming alumni would like to see in the magazine. As always, alumni are encouraged to submit their thoughts about the magazine as well as story and feature ideas – e-mail [collegerelations@lycoming.edu](mailto:collegerelations@lycoming.edu).



## Wingerter selected for national grant

Grechen Lynne Wingerter, a part-time instructor of theatre and guest director at Lycoming College, has been selected for a 2009 National Teaching Artist Grant from the Kennedy Center American College Theater Festival. She is one of six people nationwide to be awarded this honor for outstanding achievement as a theatre artist and educator. The grants, worth up to \$2,000 each, are to be used to underwrite costs associated with a professional development opportunity of the recipient’s choice.

“The message I hope to bring back to my own students as a result of this project is the understanding of the importance of collaboration as theatre artists – whether it be director/playwright, director/designer, director/actor or any other possible match-up,” said Wingerter, who earned a grant for directing.

Wingerter has chosen to apply the grant money toward a new play development workshop with The Drama League’s New Directors/New Works Program, which provides selected director-collaborator teams the opportunity to workshop new material without the outside pressure of producers and critics. She will team up with playwright David Eames-Harlan to further explore his new play “Customer of the Week.”

KCACTF is a national theatre program that serves as a catalyst in improving the quality of college theatre in the United States.

## Hands-on experience

Microbiology students at Lycoming are getting plenty of valuable hands-on experience with the first of three new instruments to arrive at the College thanks to a \$327,913 grant from the National Science Foundation. The instruments will be used for studying the different types of bacteria found in various environments.

In mid-February, Dr. Jeff Newman, an assistant professor of biology and principal investigator for the grant, introduced his students to the newly acquired OmniLog, a microplate reader/incubator that measures the growth and metabolism of bacteria in 96-well plates containing different types of nutrients.

“You can probably count on one hand the number of schools similar to Lycoming that have this type of instrument,” said Newman. “This is very exciting for our students and the College.”

According to Newman, during their experiments, students added bacteria to the 96-well plates, with each containing a different nutrient. The plate was then placed in the incubator and the bacterial growth was monitored. Newman says if the bacteria can use the nutrient, they’ll grow. The final phase of the analysis includes allowing the computer to compare the pattern of growth to a database to identify the organism.



*Trisha Duncan '13 is shown pipetting a suspension of bacteria into a 96-well GenIII plate. After incubation in the OmniLog, the results are compared to a database to identify the organism.*



*Dr. Jeff Newman*

## Celebrating diversity

Lycoming held two events in February to help celebrate the College's diversity.

Vanessa Harper-Simpson '75 was the guest speaker at the fifth annual Black Alumni Dinner. She spoke about her deep appreciation



Vanessa Harper-Simpson '75

for the College, which allowed her to get involved in a variety of campus activities. She was secretary of her class, worked at the radio station, participated in intramurals and was a member of Congress of African Students. Her daughter, Latesha Harper-Wimes, is a Lycoming freshman.

The Multicultural Awareness Group and students from Vietnam, China, Poland, Peru and the United States hosted the 13th annual International Dinner, under the supervision of Jean Wool, executive assistant for student affairs. Pre-dinner entertainment included music by the College's clarinet band and a traditional song sung by four Vietnamese students. Amil Guzman '08 was the guest speaker.

The student-prepared dishes included Vietnamese spring and summer rolls, Indian chicken curry, Japanese sushi, African-American collard greens, Spanish rice, Moroccan chick peas with spinach stew and Colombian cornmeal cakes, to name a few.

## English professor produces new book

Dr. Andrew Leiter, assistant professor of English at Lycoming, has published a book titled "In the Shadow of the Black Beast: African American Masculinity in Harlem and Southern Renaissances."

Published by Louisiana State University Press, "Black Beast" marks the first book-length study of the sexually violent African-American man as a literary phenomenon. The "black beast" theme was a fundamental element of writers from both Harlem and Southern Renaissances who explored its psychological, cultural and social ramifications.

## Top "Chlorinated Chefs"

Lycoming College hosted its inaugural "Top Chef" competition in February. Sponsored by Sodexo, the College's food service provider, the competition was a combination of several of the Food Network's popular shows, including "Top Chef," "Chopped" and "Iron Chef." The four teams included the Chlorinated Chefs, Filet-Ming Cutlers, Channel 4 News Team and French Toast Mafia. Each team included at least two students and a member of the faculty or staff as well as a Sodexo manager for regulation purposes.

Teams were given a list of available ingredients, with the exception of a mystery ingredient, a week before the competition with the option to request three more ingredients from the cafeteria pantry. The mystery ingredient for each competition was the protein for the dish and was not given to the teams until the start of the cooking process. The dishes were judged on taste, presentation and creativity.

Round one of the competition featured members of the swimming team, affectionately known as the Chlorinated Chefs: Myles Biggs, Joe Kuder, Michael Tonart and head coach Jerry Hammaker, versus the Channel 4 News Team of Drew Boyles, Alexander Beattie, Steve Brown and Gary Samuels, student life coordinator. The Chefs won with their Spicy Piña Colada Scallops.

During round two, the Filet-Ming Cutlers team of Ken Vicencio, John Roland, Abbie Williams and Lauri Kremer, assistant professor of accounting, defeated the French Toast Mafia trio of Kevin Millard, Sara Fajardo and Dr. Katherine Hill, assistant professor of psychology, with its Baby Lobster Gumbo dish.

In the title match-up, the Chlorinated Chefs went head-to-head with the Filet-Ming Cutlers. The score was 41-38 in favor of the Chlorinated Chefs' Chicken and Swiss Chard Curry dish.

The judges were Jim Spencer, vice president for admissions and financial aid, Dr. Cullen Chandler, assistant professor of history, and Samantha McConnell, parliamentarian of the student senate.

Sodexo served the winning dish at the cafeteria's International Station on Feb. 24.

*The "Chlorinated Chefs" from left: Joe Kuder '11, Coach Jerry Hammaker, Michael Tonart '12 and Myles Biggs '12*



### Ingredients

- 1 lb. boneless skinless chicken breast cut into 1/2 pieces
- 1 lb. Swiss chard cut into 1-inch pieces
- 1 can garbanzo beans
- 2 cans coconut milk
- 16 ounces chicken stock
- 1 medium onion, diced 1/2 inch pieces
- 2 tablespoons minced garlic
- 4 tablespoons canola oil
- 1 teaspoon cumin
- 2 teaspoons curry powder
- 1 teaspoon coriander
- 1 teaspoon turmeric
- 1/2 teaspoon cinnamon
- 1/2 teaspoon nutmeg
- Red pepper flakes to taste
- Salt to taste

## Chicken and Swiss Chard Curry

1. In wok or sauce pan, heat canola oil, add onions and garlic, sauté until brown
2. Add chicken, sauté until the chicken has some color
3. Add cumin, curry powder, coriander, turmeric cinnamon, nutmeg and red pepper flakes. Sauté to release aromatics
4. Add Swiss chard, sauté until it wilts and reduces by 1/2 its volume
5. Add garbanzo beans
6. Add coconut milk and chicken stock, bring to a boil and then reduce to a simmer
7. Simmer for 20 minutes or until volume of liquid is reduced by 1/2
8. Check chicken to make sure internal temperature has reached 165 degrees F
9. Adjust seasoning
10. Serve over rice



# ENVIRONMENTAL SUSTAINABILITY

## A Viewpoint from Lycoming

BY JERRY RASHID

**E**nvironmental sustainability is everyone's responsibility. That's the consensus of five Lycoming faculty members who participated in a panel discussion titled "Interdisciplinary Perspectives on Environmental Sustainability" during the College's spring symposium.

Joining together to offer insight on an escalating world issue were Dr. Howard Berthold, professor of psychology; Dr. Neil Boyd, assistant professor of management; Dr. Phil Sprunger, associate professor of economics; Dr. Mel Zimmerman, professor of biology; and Dr. Douglas Young, assistant professor of philosophy. The panel moderator was Dr. Elizabeth Moorhouse, assistant professor of economics.

According to Berthold, psychology is a very broad discipline that includes 56 divisions, each of which studies some aspect of human behavior. Division 34 is termed population and environmental psychology.

"Sustainability is defined as creating a setting in which we do not destroy resources through

either overconsumption or pollution and in which we ensure that a high-quality of life is available for future generations," said Berthold. "Psychology, as a science, is only interested in defining relationships or laws. It is not interested in moral obligations, ethical behavior, good versus bad, right from wrong. It should be value-free. In the definition of sustainability, however, there are two value judgments – first, we should not destroy resources and second, we try to ensure a high-quality of life for future generations. This shows us that even scientists come to a point where they begin to ask some value-laden questions."

From a business perspective, Boyd pointed to the problem that not enough companies are working toward sustainability. Organizations feel that if they are not forced to do it and there are no government regulations that require it or see the incentive to do it, they will not take it seriously, says Boyd.

"I think there are some businesses out there that believe in the moral imperative," said Boyd. "Others are less concerned about the moral imperative and more interested in how they can make a profit. If they can go sustainable and be profitable, they'll likely do it."

Boyd made reference to what he called the "Wal-Mart effect." He says the mega-company has the capability of



*Lycoming faculty members who participated in the interdisciplinary panel discussion on environmental sustainability included, from left: Drs. Douglas Young (philosophy), Neil Boyd (management), Elizabeth Moorhouse (economics), Phil Sprunger (economics), Howard Berthold (psychology) and Mel Zimmerman (biology).*



telling suppliers what the price will be for the products it's allowing on its shelves. An example he used was Gillette. He explained that since such a large proportion of Gillette's sales occur in Wal-Mart, it is forced to drop its prices as Wal-Mart directs. Boyd adds that Wal-Mart has been targeted more recently for having this potential sustainability power.

"Wal-Mart has a strong sustainability program that it has been instituting," said Boyd. "Through the supply-chain, it can force its suppliers to go sustainable in order to have access to its shelves. We have noticed this trend in a lot of corporations. If a company believes in sustainability, it can force the supply-chain to also go sustainable, which will have some positive impact on the environment."

Sprunger says there is no clear definition of sustainability in economics. There's a sense that there can't be physical sustainability along the lines of resources such as fossil fuels. In reality, there is a limited or fixed amount of oil with an infinite progression of people across time.

"There is no way to sustainably use oil or mined metals, quarried stones and other kinds of extractable resources," said Sprunger. "In that sense, economists are saying there is no way to sustainably use such resources, so we have to look at costs, benefits and tradeoffs, which is really different than some people's sense of sustainability."

Sprunger shared that Robert Solow, a Nobel prize-winning economist, defines it along the lines of how psychologists view it, but without the focus on destruction of resources. He said society is sustainable if the next generation is given the ability to have as good a life as the previous generation.

"Under that definition of sustainability, there is no moral problem of using up the oil," said Sprunger. "But if you buy into that definition, we ought to then be using that wealth to create new sources of energy in the future that can replace what we are using oil for now. There is an obligation to work on the kinds of technology to replace what we are depleting. Other areas that get grouped in with sustainability problems are more along the lines of environmental damage and mispricing, where people can use resources and cause problems for other people without paying for them."

Zimmerman describes environmental science as man-centered ecology, or humans interacting with the abiotic (non-living chemical and physical environment) and the biotic (living biological environment). The issues revolve around renewable and non-renewable resources. Zimmerman says, "Nonrenewable resources, fossil fuels in particular, take millions of years to renew, but renewable resources that constantly recycle/replenish such as water, air and soil can be degraded to a point that they are essentially non-functional. Environmental sustainability attempts to help the world keep on functioning while not destroying or depleting resources in the process. We need to monitor our depletion of non-renewable resources and keep our renewable resources as clean as possible so they can be extended as we keep growing our population."

Philosophically, Young says everyone needs to think about sustainability in terms of the kind of lives we lead that would allow for human beings to flourish while still preserving the beauty, integrity and stability of all of life: living in such a way that human beings can flourish and non-human animals and non-animal living things around us are able to thrive as well.

"Traditionally, ethics deals with how to get along with other people," said Young. "Now we're trying to move beyond that idea. Not only do we need to consider how our actions impact other people but also how our actions actually impact the biosphere."

Moorhouse acknowledged that most disciplines define environmental sustainability as some sort of moral obligation to future generations. But what entity in society has the responsibility and bears that burden?

"The physical sciences are not going to be able to save this planet," says Berthold. "The only hope is for social sciences to come forth and suggest effective ways to alter behavior so that people become concerned about things such as birth control all over the world and other behaviors that promote environmental sustainability. Right now, I don't think most psychologists have that as a goal. I think they are much more interested in studying and defining laws of human behavior than they are in saving the planet. But eventually, they are the ones, not the biologists or the other natural scientists, who will need to solve this problem."



## New academic minor

Last fall, Lycoming introduced a new interdisciplinary minor in environmental sustainability. Two of the driving forces behind it are Dr. Neil Boyd, an assistant professor of management, and Dr. Mel Zimmerman, professor of biology and director of the College's Clean Water Institute (CWI). They have been interested in promoting sustainability at Lycoming for the past several years.

"Everyone should know about environmental sustainability," said Boyd. "It is perhaps the next economic revolution in the world, and our students need to be prepared for this revolution."

Students who pursue the environmental sustainability minor will take courses in biology, business, economics, philosophy, political science and psychology. Through the minor, students in varying majors will be able to explore the political, economic, philosophical as well as scientific issues related to environmental science and focus on sustainable solutions. To enhance their learning experience, students will be encouraged to participate in a practicum or internship that can be taken in a variety of academic concentrations. One such opportunity will be through the CWI, which provides service to local watershed and environmental groups; education and training programs, seminars and workshops on environmental issues; and analysis through water testing.

"As we move forward in the 21st century with a fast approaching 7 billion people in a global economy, we need to address issues like energy, food, climate, water and air quality with a sustainable interdisciplinary approach," says Zimmerman, who is coordinator of the environmental sustainability minor.

# A VERY **bright** future

By Megan Schulze '11

**“It was a long process, but after working for about a semester on the project, we got the news that Lycoming was one of 12 schools to receive a grant!”**

*Megan Schulze '11 stands next to the solar panels she helped install atop the Heim Building.*

In summer 2008, I was a Clean Water Institute (CWI) intern when Dr. Mel Zimmerman mentioned attending a week-long Solar Scholars Conference hosted by Pennsylvania's Sustainable Energy Fund (SEF) at Dickinson College with fellow CWI intern Tracie Curtis '10. The conference focused on the theory, design and construction of photovoltaic (PV) solar systems, with the incentive of \$15,000 grants being offered to institutions that compiled an adequate grant application.

We learned how to wire a PV system from the ground up, learned how to calculate if a particular building or area was suited for PV installation and observed Dickinson's roof- and ground-mounted solar systems. The lecture sessions were led by Bill Brooks, a leading national expert on standards for grid-connected PV solar systems. Some colleges were fortunate to be represented by technically inclined students and professors, but for three strictly environmental-minded individuals as we were, the wiring and mechanical seminars were quite humbling.

The conference illuminated almost every detail of PV systems imaginable,

but being in the super-sustainable atmosphere of Dickinson was an educational experience in itself. We made biodiesel fuel in mason jars, toured the extensive composting projects and inspected its eco-friendly housing unit dubbed the “Tree House.” But I think it was somewhere between touring Dickinson's new L.E.E.D. (Leadership in Energy and Environmental Design, a rating system for buildings or appliances equivalent to gas mileage rating for cars) certified science building and eating organic sweet potatoes grown on its solar-powered and completely sustainable campus farm, that Tracie and I were simultaneously inspired to make some of the same green initiatives on Lycoming's campus.

After a week of jaw-dropping sustainability euphoria, it was time to return to Lycoming and put together our application with the hope of winning an SEF solar grant. It was a long process, but after working for about a semester on the project, we got the news that Lycoming was one of 12 schools to receive a grant!

In November, Lycoming's Heim Building was outfitted with a 3.1 kilowatt

PV system consisting of 15 solar panels, costing a total of \$21,000. Heim houses the biology and chemistry departments as well as two prep-rooms, two labs and an aquarium room used by the CWI. The purpose of the project is to offset the power used by the CWI in Heim. The current annual energy consumption for the building is 1,816,500 kWh with 18,463 kWh used by the CWI. The solar output is currently offsetting approximately one of the labs.

Even though our initial naivety about turning Lycoming into a sustainability mecca right away was quickly expunged, Dr. Zimmerman, Tracie, numerous other campus eco-minded clubs and individuals and I are doing our best to improve the College's green effort with a more realistic mindset. Recently, an environmental audit (see page 9) was created to help track the environmental sustainability of the campus. With a groundbreaking biodiesel project newly under way, a sustainability minor in place academically, improved recycling efforts, and environmental symposiums, we are paving the way (with eco-friendly cement, of course) to a very bright future.

# BIO DIESEL

By  
Kyle  
Ruhl '11

## AT LYCOMING



*Kyle Ruhl '11 (left) and Chandler Couch '11 are the driving force behind Lycoming's new biodiesel production facility.*

Biodiesel, or methyl esters, is a renewable fuel similar in chemical structure to petroleum diesel. However, methyl esters can be produced by chemically altering the triglyceride structure of most edible oils. The chemical reaction involves an oil feedstock (new or used), methanol (racing fuel) and sodium hydroxide (lye). The combination and reaction of these ingredients yields a crude biodiesel, in need of purification, and a glycerin byproduct. After removing contaminants from the fuel it can be filtered and poured into the tank of any diesel vehicle without the necessity of any fuel system conversion.

My interest in biodiesel began in high school while completing my senior project on the manufacturing and use of biodiesel. After I completed the project and purchased a diesel vehicle, my father helped me set up larger equipment to manufacture 45 gallons of fuel per batch. Later, during my junior year at Lycoming, I was contacted by Chandler Couch, the College's first sustainability minor, and was informed the Sustainability Committee's first project in going green was bringing biodiesel to Lycoming's campus. After talking to several people about the project, I became very interested and wanted to help.

As a chemistry major at Lycoming, my main role in the biodiesel project is dealing with the chemistry involved in making biodiesel. That includes testing of the feedstock, troubleshooting unexpected problems during fuel production and basic quality control of the finished product. My other role has been to help with equipment design. The basic equipment needed includes a tank for reaction of the oil feedstock, methanol recovery system and purification tanks.

In the past several months, equipment has been assembled and chemicals have been acquired. A special thanks goes to the Sustainability Committee, John Shaffer and Doug Kuntz from the physical plant for encouraging the project, Steve Tucker and Michael Hnatin at Lycoming Country Resource Management, and everyone else at the physical plant. The project has been a collaborative effort and it is great to see everyone encouraging the campus to go green. The biodiesel will be used in several of the College's maintenance vehicles used for mowing and plowing. In the year that I have left before graduation, I hope to see Lycoming cut down on petroleum usage and decrease its carbon footprint as well as find many other ways to protect the environment.

*Ruhl will be a medicinal chemistry intern this summer at Merck Inc., in West Point, Pa.*

### Environmental audit results

Several Lycoming students conducted an "Environmental Audit of Lycoming College." It incorporates data comparing recent energy use and costs as well as recycling efforts. The original audit, released in December 2009, was compiled by Dan Cassidy '11, Bethany Herring '11, Emily Hopko '11, Tyler Hutson '10 and Megan Runyon '10. In April, Nick Lansberry '11 and Megan Schulze '11 released an updated audit. Some of the findings include:

- The removal of more than 800 bulbs from light fixtures resulted in no reduction in perceived lighting in Snowden Library and saved the College about \$6,000 a year. With the current energy hike, this is equivalent to around \$12,000 a year.
- Reducing the temperature in residence halls by 10 degrees, during semester and spring breaks, has resulted in lower natural gas consumption.
- The College monitors water consumption with meters in every building and is installing more efficient shower heads and toilets.
- To cut down on waste associated with transportation of food, Sodexo, the College's food service provider, attempts to purchase local foods and offers a salad bar featuring locally-grown product.
- The tray-less initiative in the Dining Hall has reduced food waste by eight 50-gallon trash cans and the water usage by about 360,000 gallons a semester.
- A consumer material report for 2009 showed that Lycoming recycled 14.45 tons of corrugated cardboard and 22.36 tons of mixed office/computer paper.
- Installation of new compressors in the Heim Building in 2007 reduced water use in the building by a quarter in 2008-09.

The Environment Audit of Lycoming College is supervised by professors Dr. Neil Boyd and Dr. Mel Zimmerman. The audit is considered a living document and will be updated each year.

# PIZZA

with a  
**conscience**

By Betsy K. Robertson



George Schenk '74

**P**izza with integrity. That's how George Schenk '74 describes his all-natural flatbread, enjoyed by millions of people since he founded American Flatbread 25 years ago.

It's a curious statement. But he explains it very simply. "What we eat and how it is grown intimately affects our health and the well-being of the world." Consequently, American Flatbread offers wholesome, healthful food using local, regional and organic ingredients raised and harvested by farmers whom he knows and trusts.

"American Flatbread has evolved into a system of restaurants and a wholesale production facility that have established a sustainable, community-based, farm-to-plate network," says Schenk.

This is pizza with a conscience.

## **A seed takes root and grows**

The seeds of Schenk's passion for healthful food were planted at Lycoming College, where he majored in biology. He first learned about the organic food movement in Alden Kelly's cell physiology course. During his senior year, he took Roger Opdahl's environmental economics seminar, which was his first formal exposure to economic theory.

"It was a lively, dynamic seminar and I recall that a great friend of mine, Bruce Carpenter, an economics and math major, spoke from the economist's point of view and I from the biologist's point of view. It sparked a great deal of conversation about the relationship between our economy and ecology."

After Lycoming, Schenk worked with the Pennsylvania Department of Environmental Resources and with the U.S. Forest Service's Forest Insect and Disease Laboratory.

Several years later, Schenk lived on a farm 20 miles south of Syracuse University, where he worked in a research lab. He shared a house with several graduate students, and together they had "constant conversations in and around food." They raised a large vegetable garden and froze their own food. They ate meat from the chickens and pigs raised on the farm. It was here that he was exposed, for the first time, to the unique flavors of farm fresh food.

In 1979, he moved to Vermont, where he embarked on a five-year apprenticeship in the culinary arts.

At first blush, this was an unlikely career move for someone who majored in biology. But Schenk credits his Lycoming education and work experience with enabling him to see food more wholly and in its biologic context. How is it grown and what does it mean to human health?

“I started to see the relationships between my environmental work and organic food theory I had been exposed to at Lycoming, and the work of feeding others.” He perceived gaps between the emerging New American Cuisine movement, which focused primarily on flavor and presentation, and the health food movement of the ’60s and ’70s, which perhaps didn’t care enough about how food looked and tasted.

“My vision was to synthesize the important influence from these two great traditions in food,” Schenk says.

### **American Flatbread is born**

During a trip to France in fall 1984, he and his future wife, also George, were inspired by a mountain village’s communal bread-baking oven. It was made of stone, not the traditional brick that Schenk was accustomed to in the States. Having easy access to stone on his Vermont property, Schenk built himself an outdoor oven the following summer. He had always had a love affair with cooking with wood, influenced by his Boy Scout experience and reinforced by visits to his grandmother’s cottage in northern Vermont.

His plan was to bake bread, but he hadn’t built a door on the oven. He knew that thinner bread would fare better against cold drafts. So, he prepared the dough, squashing it down to make it thin. He embellished the flatbread with fresh herbs, garlic, olive oil and parmesan cheese and slid it into the oven.

“I didn’t know if it would stick to the stone or whether it would get hot enough,” Schenk says. “Ten minutes later, out it came and it was delicious. I realized immediately that I had done something I really liked doing.”

From that moment on, he worked to build a successful business that remained authentic to his core values of food integrity and sustainability. There are currently restaurants in six locations, all of which use organic ingredients from their own local network of farmers and producers.

### **Defining social responsibility**

American Flatbread is much more than a business—it’s a mission.

“We professional cooks and restaurateurs hold a special public trust,” says Schenk. “What sometimes gets lost in the commoditization and

corporatization of food—where food is looked upon as a widget and vehicle for commerce—is that food also has an intimate and biologic quality.”

He cites the limitations of the current industrial food model, which relies on pesticides, synthetic fertilizers and fossil fuels to manage large-scale production. It is a model that has been profoundly cost-effective during the past 60 or 70 years, but he questions its sustainability for the generations to come.

Finding ways to provide more flavorful and nutritious food in public schools, while keeping our food dollars closer to home, is another concern. “In high school biology class, we might ask about the organically-based food process. Then the kids go to lunch and don’t see that food at all,” Schenk says.

“In civics class, we might talk about the merit of building and reinforcing community relationships, yet the kids go to the cafeteria and might not see any food from the surrounding farms. We talk about doing good things, but in the cafeteria we’re not practicing the theories we’re exposing students to in the classrooms.”

He acknowledges that offering more organic, sustainable food choices by public school cafeterias is more expensive. “But where are our values?” he asks. “Why is it that at a public school our expectation is toward excellence in math, history and the sciences, but when it comes to the Department of Food, we seem ready to accept mediocrity by offering mass-produced, hormone-laden and pesticide-laden food?” Not to mention the potential health care costs to society.

Compartmentalizing our lives and our disciplines can result in those kinds of narrow decisions, Schenk says. “It is illustrative of a liberal arts education that what’s really powerful is when we start to integrate the different disciplines and see how they overlap to create a whole and functional society.”



*An inside look at an American Flatbread restaurant oven dining room.*

### **Encouraging sustainability**

American Flatbread’s vision is to create and share a sustainable business model that promotes good food and local agriculture. “We strive to use as much food from the local region as we can because we believe it tastes better, is better for us, supports local community and minimizes environmental impacts,” Schenk says.

He explains that American Flatbread recently licensed its successful frozen pizza brand to a company in New Hampshire. During the past 20 years, Schenk and his team were distributing the frozen pizza into grocery stores farther and farther away from the main bakery at Lareau Farm in Waitsfield. “Although that was nice in some ways, it became increasingly clear as we talked about the benefits of local foods, that we were shipping food halfway across the continent.”

Now Schenk can devote more time to ideas that have, until now, been relegated to the shelf. “We are working on our franchise business, which we see as an opportunity for growth; we are developing a new pizza for broader use in Vermont’s public schools; we are expanding the food grown at Lareau Farm; and we have a proposal in front of the Vermont Department of Corrections to do a series of pizza picnics in prison yards this coming summer.

“I am not a natural business person. I think American Flatbread has succeeded because the goal wasn’t so much to create a business, as it was to create a life, a life I could look back upon and be glad I have lived.”

*Robertson is a professional writer based in Mifflinburg, Pa.*

# Inside the MARCELLUS

By David Thompson

# Shale

**Three years ago, very few people in Lycoming County had heard of the Marcellus Shale. Today, energy companies and investors from all over the world have their eye on the shale play, which may contain one of the largest natural gas reserves in the world. It is believed to contain 500 trillion cubic feet of natural gas – enough to supply the nation’s natural gas needs for 20 years.**

The shale runs beneath the Earth’s surface from the southern tier of New York, through all or part of Pennsylvania, Ohio and West Virginia. Most of Lycoming County sits astride the formation.

Named after the village in New York where it was discovered, the shale was formed by organic-rich sediment deposited in an ancient sea during the Devonian Age. Over time, the sediment was exposed to intense pressure and heat, turning the organic material trapped in it into natural gas.

Although the presence of gas in the shale has been known for years, not until advances in technology, primarily in the form of hydraulic fracturing and horizontal drilling, did it become commercially feasible to extract the gas. Those methods were pioneered in the Barnett Shale region of west Texas by companies now working in north central Pennsylvania.

Hydrofracturing—commonly called “fracing”—is the process of pumping pressurized water, sand and chemicals into the ground to pulverize the shale and release the gas in it. Horizontal drilling is the process of drilling vertically into the shale formation, then turning the drill horizontally and drilling thousands of feet. The process allows more of the shale to be exposed to the conveyance pipe moving gas to the surface.

Many believe the shale will provide the region with an unprecedented economic boost. In the early stages of gas development, energy companies scrambling to gain a foothold in the shale region leased tens of thousands of acres in Lycoming County for gas exploration. The rush for land had a profound effect on lease prices.

Leases – historically in the \$5 to \$25 per acre range – skyrocketed almost overnight to \$2,000 an acre – and more. Incredibly, royalty payments to

landowners are expected to dwarf lease payments.

Area restaurants and hotels have benefited from the influx of gas industry workers into the area. Hotels in Williamsport are near peak occupancy year round. Local contractors are busy preparing well pads and building access roads; engineering firms, preparing drilling permits and surveying well sites. Although the area’s workforce lacks the training needed to meet the demand for gas field workers, Pennsylvania College of Technology has developed a curriculum focusing on gas industry jobs.

Serious concerns have been raised regarding the impact of gas drilling in an area known for its pristine rivers, streams, mountains and forests.

The industry’s demand for water is immense. A single well requires several million gallons of water to drill and frac. Water returning to the surface creates a challenge, as well. Called “flowback,” the water is saltier than sea water and contains chemicals, metals and radioactive material. That water must be treated before it can be discharged into local rivers and streams. Although the technology exists to remove many of those materials from the water, the capacity to meet industry demands does not. Some types of treatment may be too expensive. The industry has begun to recycle flowback water so it can be used

## Marcellus Shale summit draws big crowd

for subsequent fracturing operations, thus reducing the amount of water that must be treated and discharged into waterways.

Environmental groups and conservationists are worried accidents will occur that will pollute groundwater aquifers, streams and rivers. Several accidents already have occurred. The state Department of Environmental Protection ordered a gas drilling company to cap three wells in Susquehanna County after the company allowed gas to migrate into residential water wells.

Heavy industry vehicles have damaged rural roads built to handle school buses and farm equipment. One-third of the state's 2.2 million acres of state forest is leased for gas exploration, causing concern regarding the fragmentation of the forest and the destruction of wildlife habitat by well pads, pipeline and access roads. In January, Lycoming College's Clean Water Institute hosted a day-long symposium on the potential environmental impact of gas drilling. Some experts believe there could be a long-term, adverse impact.

There is a debate regarding the imposition of a severance tax on gas removed from the shale. While some argue a tax should not be imposed on an industry still in its infancy. Others, including state Department of Environmental Protection Secretary John Hanger, believe the industry, which includes some of the largest energy companies in the world, should be taxed. Fourteen gas producing states currently have some type of severance tax on natural gas.

The Marcellus Shale will take decades to fully develop. Whether that development will be a blessing or a curse to the region remains to be seen. Regardless, the Marcellus Shale promises to have a profound impact on Lycoming County and the entire state.

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*Thompson is a reporter with the Williamsport Sun-Gazette. For the last three years, he has written extensively about the Marcellus Shale.*



*Keynote speaker John Hines, deputy secretary for water management at the Pennsylvania Department of Environmental Protection, addresses the nearly 500 people who attended "The Science of Marcellus Shale" summit hosted at Lycoming College.*

Nearly 500 people flocked to Lycoming College in late January to attend "The Science of Marcellus Shale." The summit focused on the academic research under way on the area's natural gas exploration and the environment implications of developing the Marcellus Shale formation. The summit discussion topics included geology and drilling, geo-chemistry, water withdrawal and water treatment.

The event was organized by Dr. Mel Zimmerman, professor of biology and director of Lycoming's Clean Water Institute, Susquehanna River Heartland Coalition for Environmental Studies, Northcentral Pennsylvania Conservancy and the Foundation for Pennsylvania Watersheds.

The summit's keynote speaker was John Hines, deputy secretary for water management at the Pennsylvania Department of Environmental Protection. He discussed the agency's role in regulating gas development and the challenges it faces in balancing the needs of business and industry while protecting the state's valuable water resources.

"We have to take a balanced approach," Hines said. "We have to couple extracting the gas resources with protecting our water resources."

Hines says the state is fortunate to have extensive fresh-water resources. It is home to 86,000 streams and 4,000 lakes and is connected to the Great Lakes, which contains about 20 percent of the world's fresh surface water.

"We are water-rich, but being water-rich comes at a cost," Hines said. "We learn to live with it, but we don't respect it."

The Susquehanna River Basin Commission regulates water withdrawal issues in the watershed, while the DEP governs water quality issues, he said. Hines said the commission has taken a leading role in ensuring the withdrawal of water from the watershed does not adversely impact local streams and rivers.

The water is used to hydrofracture gas wells. The process involves mixing water with sand and chemicals and pumping it into the well at high pressure to pulverize the shale and release the gas trapped within it. A small percentage of the frac water returns to the surface in the form of a saltier-than-seawater brine that must either be recycled or treated and disposed.

The treatment and disposal of the wastewater "poses a challenge to all of us," Hines said.

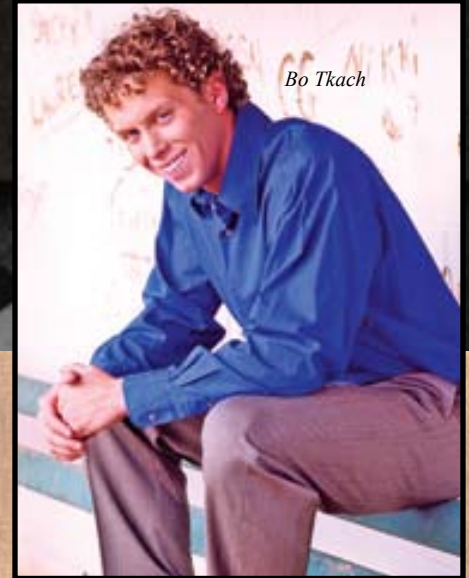
A

# CHILD Who NEEDS US

BY JERRY RASHID



Jim Tkach '78



Bo Tkach

Imagine being compelled to put on five pairs of underwear out of fear your germs may seep out and kill someone; or concealing several tubes of toothpaste under your mattress because you worry something bad will happen to a family member who uses the same one you do.

On the other hand, think about experiencing life with striking good looks and intelligence to match. Your all-star talent on the football field brings you admiration from the community and lands you a scholarship to play at the collegiate level. You also have the compassion of a Good Samaritan, willing to give up the last few dollars in your pocket so a homeless person can catch a ride on a city bus in order to stay warm during a blustery winter evening.

Now, envision those two worlds secretively woven together and constantly competing against one another. Travis "Bo" Tkach had to endure that on a daily basis. Despite various treatments for his obsessive-compulsive disorder and depression since age 12, that lifestyle, if that's what it can be considered, was just too much for one person to handle. Bo ended his life July 20, 2007. He was 25.

Through their devoted efforts, Jim and Sandi Tkach have been able to use their personal message to reach out to thousands of young people.



“We’ve been blessed in spite of all the tragedy,” says Bo’s father, Jim Tkach ’78, a former Warrior football player who was inducted into Lycoming’s Athletic Hall of Fame last October. “We’ve really been blessed with all the people and the connection to Lycoming College. When I walked into the calling hours at the church for Bo’s funeral, the first person I saw was Coach [Frank] Girardi. He drove more than two hours to see a son of one of his former players. When Ray Radomicki [’78], my college roommate, found out about it, he was at my house within an hour. Steve Wiser [’74] was on the phone with me as was Robb Curry [’69] and many other former players. Last year, eight former players and coaches from Lycoming showed up at Bo’s memorial golf tournament to surprise me. It’s a special connection, a special place.”

Bo’s family did everything in its power to help him get the treatment he needed to address his illness, which also included withdrawal, excessive sleep and a constant need for reassurance. To make matters worse, during one of Bo’s in-patient treatments their insurance company informed them that it would no longer cover Bo’s medical expenses. At the time, Jim says that he had some of the best coverage available, but he was told that unlike illnesses such as cancer and heart disease, mental health matters have limited coverage. In addition, on several occasions they were forced to wait countless hours in the emergency room before Bo could get the treatment he so desperately needed.

Those are a few of the circumstances that led Jim and his wife, Sandi, with their daughter, Tristin, and son, Tyler, to the decision to help make a difference in the lives of others. In 2008, they established a foundation called “The Bo Tkach Memorial: Under Every Helmet and Hat is a Child Who Needs Us.” Its mission is to create awareness for obsessive-compulsive disorder and other mental health issues while providing essential funding for youth athletic programs, scholarships and otherwise inaccessible individual mental health screening and treatment. So far, the counseling services offered through the foundation have helped more than 100 people obtain much-needed, life-saving treatment.

According to the Centers for Disease Control and Prevention, suicide is the 11<sup>th</sup> leading cause of death in the United States. The National Institute of Mental Health estimates that more than 2 percent of the nation’s population, or nearly one out of every 40 people, will suffer from OCD at some point in their lives. Most people at one time or another experience obsessive thoughts or compulsive behaviors. Obsessive-compulsive disorder occurs when an individual experiences obsessions and compulsions for more than an hour each day, in a way that interferes with his or her life. OCD is often described as “a disease of doubt.” Sufferers experience “pathological doubt” because they are

unable to distinguish between what is possible, what is probable and what is unlikely to happen.

Through Bo’s foundation, Jim and Sandi have dedicated themselves to speaking to young people around the country to let them know that help is available. One of their first engagements took place in August 2008 at Lycoming during the football team’s fall training camp. The invitation came from Wiser, the College’s assistant head football coach, and Mike Clark ’93, head football coach.

“I’d heard about Jim and was somewhat familiar with Bo’s story, but to hear it first-hand was an eye opener,” says Clark. “He was very open and honest about Bo’s life and did a great job of connecting with our team. I think that the reason Jim’s presentation is so powerful is because he does a great job of telling young adults what they need to hear, not necessarily what they want to hear. He has taken an incredible family tragedy and used it as an opportunity to help others.”

One of the main points the Tkachs hope to get across during their presentations is that depression is a disease and a serious illness that cannot be cured by waiting it out. They stress the importance of reaching out for help and not being ashamed to talk to someone if you or someone you know is faced with depression.

“We had several young men come up to us after we spoke at Lycoming,” said



One of the primary sources of financial support for the foundation comes from the Bo Tkach Golf Tournament, held annually in May at the Blue Ridge Country Club in Palmerton, Pa.

*Lycoming faithful who participated in the 2010 Bo Tkach Golf Tournament were, from left: Dwight Stilwell ’78, Mike Clark ’93, Pat Schemery, Robb Curry ’69, Ray Radomicki ’78, Jim Tkach ’78, Steve Wiser ’74, Coach Frank Girardi, Jerry McGinn ’78, John Johnson ’77, Tom Shivetts ’70 and Clark Gaughan ’77. The event raised more than \$40,000.*

Tkach. "As it turns out, one of them had lost a friend to suicide two weeks before he returned to campus for practice, but none of the coaches knew why he wasn't acting like himself. He came up to us and fell into our arms and started crying. We were able to comfort him some and the coaches were able to get him the proper help that he needed. I still believe God has a plan. By reconnecting with Lycoming, we had our first successful talk with a college football team and from that, somebody got some help."

Through their devoted efforts, Jim and Sandi have been able to use their personal message to reach out to thousands of young people. One of the primary sources of financial support for the foundation comes from the Bo Tkach Golf Tournament, held annually in May at the Blue Ridge Country Club in Palmerton, Pa. In addition to serving as a tribute to Bo, it raises funds that are used to help young people suffering from mental illnesses who are faced with challenging financial circumstances. It also helps educate parents to recognize the potential warning signs and symptoms of depression, which, according to the NIHM, may include feelings of guilt, worthlessness and/or helplessness; persistent sad, anxious or empty feelings; and thoughts of suicide and suicide attempts.

After Bo's death, many individuals within the football fraternity made a special effort to offer words of encouragement to the Tkachs. Among them were then-head coach of the Indianapolis Colts Tony Dungy, who lost his son, James, to suicide in 2005, and Matt Millen, a former Penn State and National Football League standout and president of the Detroit Lions (2000-08). Millen served as the guest speaker at last year's golf tournament, which drew nearly 130 golfers and raised more than \$45,000 for the foundation. In 2007, he introduced the Tkachs to his wife, Pat, who became their faith-based counselor.

"Every other week, for a year, on Thursday evening, we went to their home, had dinner and they counseled us through the grieving process," said Tkach. "Through that I think we've gained the strength to be able to say, 'Listen, we need to try to make something out of this. We can't just fall away from this; we need to go ahead and try to help some other people.' So that's what we're doing."



ON - CAMPUS

# mental health services

By Townsend Velkoff

There are a variety of mental health services available for students who attend Lycoming College. The Counseling Services Department is most directly involved with prevention, intervention and direct treatment with students. The department is composed of two professional counselors who meet with students who are having difficulty with adjustment issues, academic stress, and/or problems of mood. Being away from home, managing one's independence, contending with new and rigorous academic challenges, developing new friendships and new ways to socialize: all of these issues can be emotionally challenging and stressful. The most common issue experienced by students who come to Counseling Services is problems of mood, essentially, depression and anxiety.

Counseling Services works with other departments on campus to treat students experiencing emotional difficulties. Specifically, Counseling Services will refer students to the College's Health Services Department when a student may need medication to help remediate their depression or anxiety. The family practice doctors who work in Health Services will prescribe antidepressant medications for students who meet diagnostic criteria for a mood disorder.

Counseling Services is also very directly involved in preventative activities for high-risk drinking and sexual assault. Most of these efforts are aimed at first-year students. For example, first-year students are required to complete a comprehensive online alcohol education program and a sexual assault awareness program prior to coming to school in the fall. The Counseling Services staff also meets with students who have engaged in risky drinking behavior and incurred alcohol violations. The purpose of such meetings is to encourage the students to reflect upon their behavior with alcohol and consider how they can manage themselves more responsibly.

Another intervention strategy developed by the Counseling Services staff after the Virginia Tech tragedy is called the Student of Concern Referral Form. This is an online form that is available to anyone within the College community, including parents of current students. The form allows someone to identify and describe the circumstances of a student who is either in distress or causing others distress. The form is sent via e-mail to the director of counseling services, who assesses the circumstances of concern and can initiate a Student of Concern Committee Meeting, during which the issues of concern are discussed and strategies for helping the distressed student are considered. In addition, parents are encouraged to call or e-mail the Counseling Services staff, the dean of student affairs or the academic deans if they become concerned about their child.

*Velkoff is Lycoming's director of counseling services.*

## What intrigues you most about the field of psychology?

I love the breadth and diversity of the field. It is virtually impossible to explore the field of psychology and *not* find something of interest. Moreover, psychological research is constantly uncovering new information and that is very exciting!

Another reason that the field is so intriguing is because our daily lives are saturated with references to psychological principles. How many adolescents get advice about relationships from their parents? How often does Oprah host a show that discusses psychological principles? How many recent articles in *Newsweek* or *Time* discuss autism? How many Google hits do you get if you type in the word Prozac? We are constantly bombarded with interesting new “facts” and ideas and the field of psychology enables students to explore, understand and think critically about this information.

## Explain some of your research interests?

My general area of interest is in the development of self in young children. More specifically, I am interested in the development of perceptions of competence, self-conscious emotions, and achievement motivation. My work has focused on toddlers and most of my research has evaluated the development of learned helplessness. I am especially interested in why some highly-competent children develop an “illusion of incompetence” (i.e., an inaccurately low perception of their competence) and why some children respond to failure with negative self-appraisals, low expectations of future success, and low persistence (i.e., “learned helplessness”) whereas others see failure as a learning experience and thus maintain positive affect, expectations of future success, and persistence. My ultimate goal is to conduct a longitudinal study examining helplessness from toddlerhood into middle childhood.



**Dr. Sue Kelley**  
Associate Professor of Psychology

One of my newest areas of research involves whether live or animated video presentations best facilitate preschoolers’ knowledge of letters and letter sounds. I conducted a pilot study during my sabbatical in spring 2008 and hope to conduct a larger study next fall. This project will provide opportunities for several Lycoming students to gain experience in collecting, analyzing and presenting data from a psychological research study.

## At Lycoming, psychology ranks among the top 5 majors. What makes it so appealing?

I think one reason psychology is so appealing is because it is embedded in our culture. As mentioned previously, our daily lives are inundated with references to psychological principles. Further, we are constantly trying to figure out why people (including ourselves) do the things that they do. The introductory psychology course covers a broad range of topics and virtually every student can find some area of psychology that enables him/her to explain or understand behavior. This is very appealing and students often want to learn more.

Another reason that psychology is so appealing is because it is an incredibly

versatile major. Psychology is used in many different fields including business (How can classical conditioning be used to increase consumers’ interest in and desire for a product?), criminal justice (Which programs are most likely to reduce recidivism?), education (How can behavior modification techniques be used to manage classrooms?), and even politics (How can one create the most persuasive political message?). Psychology is practical, comprehensive and the field is constantly growing. It is not surprising to me that it is so popular, and this seems to be a trend in colleges across the country, not just at Lycoming.

## What types of opportunities are there for today’s psychology majors?

Because psychology is so versatile, students who major in psychology are prepared for careers in a number of different fields. Although many careers in psychology now require graduate degrees, there are several entry-level positions (at the local, state and federal levels) available for students with a bachelor’s degree in psychology. Some of these positions are in human services, administration, community relations, public relations, advertising and marketing research, teaching, criminal justice, politics and even retail/sales.

## About Kelley

Dr. Sue Kelley grew up in Williamsport and earned a bachelor’s degree in psychology from Penn State University. She earned a master’s and Ph.D. in developmental psychology from the University of Pittsburgh. Kelley, who began working at Lycoming in 1999, teaches introductory psychology, developmental psychology, educational psychology, experimental psychology, and the psychology of parenting. She has four children who play an active role in many of her classes.

# Researching attitudes toward computing

For much of the past decade, enrollment in undergraduate computer science and engineering programs has been in a steep decline. Dr. Eileen Peluso, associate professor of mathematical sciences at Lycoming College, says the fields are suffering from two problems: dropping enrollments of female students since the mid-1980s and falling enrollments and retention overall since 2000. Her research, titled “The Impact of *Alice* on the Attitudes of Middle and High School Students Toward Computing,” focuses on *Alice*, an innovative teaching tool developed at Carnegie Mellon

University that is aimed at reversing this trend. A portion of her project was conducted in March at Lewisburg Area High School in Mark Berger’s Web design and communications/video classes, and at the Montgomery Area School District in Chris Ulrich’s Graphics I communications classes and Al Stola’s multimedia class.

“Students using *Alice* learn the basic

concepts of programming and game creation without dealing with the tedious syntax of traditional programming languages,” said Berger. “The *Alice* program allows my students to create simple animations and video games in a visual format. It is a great new way of introducing computer programming to middle and high school level students.”

According to [www.alice.org](http://www.alice.org), *Alice* is an innovative 3D programming environment that makes it easy to create an animation for telling a story, playing an interactive game, or a video to share on the Web. It is a freely available teaching tool designed to be a student’s first exposure to object-oriented programming. *Alice* allows students to learn fundamental programming concepts in the context of creating animated movies and simple video games. In *Alice*, 3D objects (e.g., people, animals, and

vehicles) populate a virtual world and students create a program to animate those objects.

“The researchers of the *Alice* project have spent more than a decade developing a visual programming environment that allows the students to learn fundamental programming language constructs in an environment that engages students from the start and is sufficiently robust to keep them engaged,” said Peluso. “One of *Alice*’s strengths lies in its rich gallery of classes, allowing a group of students with widely ranging interests to create virtual worlds that are as unique as they are. In addition, its click-and-drag coding environment prevents the frustration caused by syntax errors, such as misplaced semicolons or misspelled words, which are common when novice programmers begin programming with production programming languages in traditional text-based environments.”

Peluso’s research has three objectives:

1. Advance the use of *Alice* at the middle and high school levels of regional school districts;
2. Gather, analyze and submit for publication data on the impact that *Alice* has on the attitudes of middle and high school students with regard to computer science and engineering in general, and computer programming in particular; and
3. Develop curricular units appropriate for various middle and high school levels and submit them to the free online repository of instructional materials under construction at Carnegie Mellon.

Peluso surveyed two groups of students. Those participating in the *Alice* project completed surveys at the beginning and at the end of the unit. A control group of students who had not participated in the unit also completed a survey. “Comparisons of the responses on the two administrations of this survey to those students learning *Alice* will yield insight into the impact of *Alice* on the attitudes of the participants,” said Peluso. “Comparisons of the responses between the control group and the participants will yield insight into whether or not it was the exposure to *Alice* that was responsible for attitude changes.”

Peluso expects to submit her findings for publication later this summer.



Dr. Eileen Peluso (right), associate professor of mathematical sciences, conducted visual programming research in Mark Berger’s class at Lewisburg (Pa.) Area High School.



Twenty-four Lycoming students helped lay the foundation for a home in Questa, N.M., as part of the Habitat for Humanity Collegiate Challenge during spring break.

They stood by the wall, all clumped together and away from the eyes of the larger group. They weren't quite grimacing but it was clear they really didn't know where to go or what to do. The rowdiness of the larger crowd, this group of strangers who were doing them such goodness, seemed to help them relax a bit. Susan and her daughters, 19-year-old Amanda, 15-year-old Ezmerelda and 12-year-old Jasmine offered food to the strangers, these energetic young men and women from Lycoming College who were about to sit in awe to hear about the impact of their commitment and labor. An outsider would have a difficult time discerning who were the guests and who were the hosts. As we settled in for a dinner of Frito pie and cupcakes, we learned of the desperate need for housing in this small, rural town in northern New Mexico.

The average housing cost in the Questa area is \$325,000. Surrounded by ski slopes and near the resort town of Taos, its economy is largely dependent upon agriculture and the nearby hospitality industries. The mean income for a family of four in the area is \$45,000 and to qualify for a Habitat for Humanity home you can only make half of that. Housing options are limited, and many of those available are sub-standard. Susan and her

five girls have been living in that sub-standard housing for seven years. But they're soon moving to a new home, thanks to the efforts of 24 Lycoming students and their five advisors. The group helped build the home as part of the Habitat for Humanity Collegiate Challenge during spring break.

It wasn't glamorous work. There were no walls raised, no roofs shingled. Dirt was moved from one pile to another, concrete was poured for a porch and a service area, plumbing was laid, and port-o-johns were relocated. But the fact that they worked on the foundation seemed ideal. Every day they walked to the site and pounded through the ice and snow to make way for level ground and deep trenches. They put their backs into swinging the axes and lifting the shovels. They bundled up next to each other to block out the cold wind. They walked back for lunch and returned to the site to work in the afternoon. They ran lines where walls were to be and pounded earth to make it level. At the end of the week there was progress noted. The foundation was more solid than when we'd first arrived. And it was ready for the house to be built upon. We were part of a new beginning, not just of a structure, but mostly of six lives.

At least that's how Susan described it at dinner that night. She talked about how she's struggled for so long to provide for her five girls and how this home offered them all a chance for a new start. Safety, beauty, peace, freedom, space; all were mentioned as some of the many benefits they would experience with the new home. Amanda mentioned how proud she is of her mom, how happy she is for her younger sisters, and how she's looking forward to returning to their new home from college in the fall. And in a soft, sure voice, Ezmerelda echoed the thank you first offered by her mom, a thank you that was so very sincere that it even caught me, the stoic, off guard.

The crowd, our students, was mesmerized. Understanding the need for housing, getting their hands dirty in building one, and hearing Susan and her daughters talk about the effect it would have on their lives put things into perspective. This was powerful. Their story will forever be stamped on our hearts, and House #27 in Questa has Lycoming College imprinted into its foundation.

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*McCall, an assistant professor of sociology/anthropology at Lycoming, served as an advisor on the trip.*

# BUILDING THE AMERICAN DREAM

Paul John '85 had a dream and made it come true. And that's what he encouraged others to do when he presented "Building the American Dream" in March as part of the College's Institute of Management Studies' James W. Harding Executive Speaker Series.

As president/CEO of Ritz-Craft Corporation, a modular home building company based in Mifflinburg, Pa., John is making the prospect of home ownership a reality for many people.

"The American Dream is to someday own your own home," says John. "Visualize your dreams and make them happen. Don't be afraid to dream; that is what makes America great."

John co-owns Ritz-Craft with his brother Eric John, a 1990 Lycoming graduate. The company was established in 1954 and was purchased by the John family in 1976. Ritz-Craft features eight facilities, 11 companies, nearly 1,000 employees, operates in 29 states and has more than \$120 million in sales. It has built nearly 40,000 homes.

As a modular home builder, Ritz-Craft Corporation manufactures all its homes in a climate-controlled setting and then ships the pieces to the build site for assembly. According to John, this allows Ritz-Craft to produce a higher quality product than site building can deliver. He says the company uses 99.8% of all the material it purchases and all its houses meet the requirements for a silver energy rating, which is part of the environmental sustainability movement.

Although the economy is in a recession, John's business outlook is optimistic. "I look at this as an awesome time for growth and development. As far as I know, housing is not a fad. The population is growing and we don't have any foreign competition."

And grow is just what Ritz-Craft has done. The company now has plants in Pennsylvania, Michigan and North Carolina with plans to expand west and toward the Gulf Coast. It also has integrated several other key components into its business portfolio, adding companies in areas such as cabinetry making, mortgages and building supplies, which includes faucets, sinks, lights, appliances, siding and countertops. These additional companies allow Ritz-Craft to be involved in almost every aspect of its customer's home buying experience. John says this ability sets them apart from their competitors in the market and helps them ensure that all of the customer's needs are met.

Along with information about his business, John offered words of advice to the students in the audience.

"As you go out into the workforce, make sure you know yourself and your goals," said John. "Employers are looking for that. It is also important to find a business that is aggressive and progressive. If you can do that, you'll be there a long time."

Although John is a successful businessman, he cautioned students to not get caught up in their careers. "Life is about balance. Make sure you don't neglect your family, social life, your religion, anything," said John. "Your success depends on our ability to balance work and everything else."

John, who earned a bachelor's degree in business administration and was a member of Theta Chi fraternity and the swim team, looks upon his years at Lycoming with great admiration. He said that it is definitely a dream come true that his two sons are following the Lycoming tradition. Nick John graduated in May as a business administration major with a minor in economics. He also was a member of the Warrior swim team. Zach John '13 is a general studies major. Both are members of Lambda Chi Alpha fraternity.



*The John family: Nick '10, Paul '85, Heidi and Zach '13*

When Lycoming College alumna Amanda Morgan '99 walked across the stage at the 2009 NEPA Natural USBF Figure Competition to Robert Palmer's "Simply Irresistible," memories of the obstacles leading to the moment disappeared. The Nov. 14 competition in Scranton, Pa., marked a victory in her 11-year, 102-pound weight-loss journey toward becoming a competitive women's figure bodybuilder.

"When I walked on stage at finals they announced my weight loss and the crowd went nuts!" said Morgan, who earned a bachelor's degree in psychology. "It was awesome. It was such an amazing feeling to get to walk out there after hearing that." She was congratulated by her fellow competitors when she returned backstage. "One of the questions people asked me most was, 'Were the other girls catty backstage?' They really weren't. The women and men backstage were friendly, respectful and encouraging."

Morgan's journey began her sophomore year of college when she was invited to go weight-lifting. She loved it and started to schedule her classes so she could work out before class three days a week. "Never did I dream that I would willingly put on a posing suit and ask others to judge my body," she said. But, she did start to lose weight. "I lost 30 pounds the summer before my senior year and continued slowly afterwards."

During her senior year, she participated in a program called the 100 Mile Club, which was aimed at getting students to become more active. Soon, exercise transformed from a good fitness routine to a stress release.

The idea of bodybuilding didn't come up until three years ago when her new trainer, Charles "Chas" Wardle, encouraged her to try it. "In February 2008, I decided I needed a bigger challenge—I was in a rut—and doing a bodybuilding competition appealed to me."

Training for such a competition takes a lot of time, money and a rigorous diet. Morgan's training schedule consumed her life. Each day she woke up at 4:30 a.m. to do her morning workout, which consisted of lifting and an hour of cardio. In the evening, she did another hour of cardio. She ate a high-protein diet of six to seven meals a day and dedicated one day each weekend to preparing her meals for the week. By the time she got home at night, she had enough time to eat dinner before going to bed. But training for Morgan would not be without challenges. Just as she started to train, she was diagnosed with hypothyroidism, which took her almost a year to regulate. She restarted her training for a June 2008 competition, but developed food allergies and couldn't restart training until August 2009.

Morgan's family supported her throughout her training and helped her during the weekend of her performance. "Mom did a super job painting on my tan the night before the competition and dad isolated the perfect 90 second clip of my walking music and

Amanda Morgan '99  
Photo courtesy of Michelle Whitehead Photography

made the CD for me," said Morgan. Her younger sister, Maura Morgan '05, stayed backstage to help her with last-minute preparations, such as tan touch-ups and costume malfunctions.

Ten women competed in the figure open category – Morgan and eight others in the short class and one in the tall class. "They didn't tell us the order we were going on, which turned out to be dead last for me," said Morgan, "and all of the figure girls were standing around for over two hours in 5-inch heels waiting. We couldn't sit or it would mess up our tans and sheens. By the time I went out for my first stage walk, my legs were shaking from the strain—and probably a little from nerves. I slightly lost my balance on my first pose and had to transition quickly into my second pose to avoid falling."

Morgan, who lives in New Cumberland, Pa., and works as an immigrant visa specialist at Immigration Support Services, a consulting firm located in Mechanicsburg, placed eighth in the women's figure open category, feeling confident she could not have done better. "My goal was simply to get on stage and participate. I exceeded my expectations by taking eighth place."

Afterwards, family and friends, including her sister, Molly (Morgan) Fuller '01, and her new nephew, Michael Fuller, went to her parents' house to celebrate. Friends presented her with a tiara and sash that read, "Miss Muscles 2009." When she returned to Harrisburg, her front door was decorated with gold stars and a sign that read, "You did it!"



# the biggest WINNER

By Patricia (Booth) Coote '99

BY MYLES BIGGS '12

An once-in-a-lifetime opportunity has come to Lycoming senior Sean McGrath. He is one of 25 students worldwide selected for a year-long Latin study program at the Vivarium novum Academy in Rome, Italy. The program begins in October and all expenses are paid through scholarships and grants from The Mnemosyne Foundation, an organization established to foster interest in the humanities.

"This is an extraordinary achievement for an undergraduate," said Dr. Pamela Gaber, professor of archaeology and Judaic studies at Lycoming. "Sean is an exceptional student. He is in a league with students from Oxford and Cambridge. We're honored to have him at Lycoming."

A native of Littlestown, Pa., McGrath is majoring in archaeology and culture of the ancient Near East with a minor in classical studies. He began studying Latin on his own four years ago and has taken several courses at Lycoming, where he has served as a Latin and Greek tutor. He participated in an archaeological dig at Tel Gezer, Israel, in 2007, and plans to do the same next year at Lycoming's site in Idalion, Cyprus. McGrath helped establish Lycoming's Coptic Club in 2007 and served as its president for two years.

He was inducted into the Phi Kappa Phi honor society in April 2009. His future plans include pursuing a doctorate in classical archaeology, specializing in ancient Rome.

"Having the chance to learn about Roman history and culture while living in the eternal city itself, immersed in the language of the ancient Romans, is truly a dream come true," says McGrath. "I consider myself extremely blessed and fortunate to have this opportunity."

At the academy, the use of Latin and Greek as communication vehicles is not only expected in the daily lessons, but also greatly encouraged throughout the day. Students speak Latin to the professors and to one another from morning to night. Besides Greek, which is occasionally used for conversation, no other language is permitted to be used on the campus. Therefore, this academy is perhaps the only place in the world

in which people actively use Latin as a communication instrument. This allows students to rapidly achieve an elevated Latin proficiency level which will allow them to read and understand entire works written in Latin by both ancient and modern authors.

Classes at the academy concern all phases of Latin literature while Latin composition is strongly emphasized. In addition to Latin and ancient Greek, classes are taught concerning classical and medieval history, philosophy and art. In past years, courses have dealt with topics such as Thomas More's "Utopia," Greek paleography and various Latin poets. As part of the program, trips are frequently taken to visit museums and sites throughout Italy, such as Pompeii, Herculaneum, Paestum, Baiae and various parts of Rome.

"Students of classical archaeology are required to study Latin; however, many never reach a truly competent level," says McGrath. "I am firmly convinced that a language is the key to understanding a culture. It is the window through which we are able to enter another world and communicate with those who lived in another time or place. I figure, if I need to know Latin, why not know it really, really well? That will only help me become a better Roman archaeologist."



*Sean McGrath '10, shown here at an archaeological dig site in Tel Gezer, Israel, is one of 25 students worldwide selected for a year-long Latin study program in Rome, Italy.*



Amy Richards has gone from behind-the-scenes to in the spotlight. She won a Kennedy Center American College Theater Festival Region II Award for Excellence in Lighting Design in January for her work on Lycoming's 2009 spring production of William Shakespeare's classic play "A Midsummer Night's Dream." The festival included competitors from schools in New York, Pennsylvania, New Jersey, Delaware, Maryland, Washington, D.C., Virginia, West Virginia and Ohio.

Richards' design was critiqued at the festival by a lighting designer, stage manager, set designer and costume designer. She was then given feedback on her design and overall presentation, which included a concept statement, sketches, photos and research. Richards says the judges were most interested in the process, including how she went from her original concept to the final visual product.

"The festival is a great opportunity," said Richards. "It was very exciting to have a professional lighting designer looking over my work and pointing me in the right direction. It's a great honor to be selected for the award and represent Lycoming College."

"A Midsummer Night's Dream" is a fun-filled adventure of mischief, magic and moonlight. The play was directed by Grechen Lynne Wingerter, a visiting instructor of theatre at the College.

"Amy is a talented lighting designer who has great potential to work in professional theatre," said Wingerter. "She challenges herself with each new project and is always willing to take risks and try something new. She has an intuitive nature about lighting

and is able to bring the world of a play to life. Amy's work on 'Midsummer' was spot on—capturing the essence of each environment in the play while still creating a unified design."

A native of Clinton, N.J., Richards majors in French and works in the theatre department on set construction. She also is a member of the choir, tour choir and Club Franco. Richards was the light designer for the College's winter production of "Wonder of the World," her third Lycoming play.

"I am very much a hands-on type of person," says Richards. "It's been wonderful working in the theatre department. Because it's small, there are a lot of opportunities if you are willing to put yourself out there. And I have been given some great opportunities. I am considering going into technical theatre and design, and the only way you can really succeed is if you have the experience and the opportunities to get your hands dirty, play around and try new things. The department has been very supportive of that."

KCACTF, a national theatre program involving 18,000 students from colleges and universities nationwide, serves as a catalyst in improving the quality of college theatre in the United States.

Regional festivals showcase the finest of each region's entered productions and offer a variety of activities, including workshops, symposia and regional-level award programs.

In April, Richards was accepted into the Teaching Assistant Program in France, which gives students the opportunity to expand their cultural horizons and share their language and culture with French students. From October through April, she'll work in the region of Brittany, near the city of Nantes.

BY JERRY RASHID

# IN THE Spotlight



*Amy Richards '10 won a regional award for her lighting design for the College's theatre production of "A Midsummer Night's Dream."*

# WARRIOR News

BY JOHN STARK '08



Jerald Williams '13 was named the conference's Rookie of the Year.

## Men's basketball

Second-year head coach Guy Ran-court led Lycoming's men's basketball program to the NCAA tournament for the first time since 2004. He guided the team to a 21-7 overall record and 10-4 mark in the Commonwealth Conference. For his efforts, he was named the league's Coach of the Year as well as the d3hoops.com Middle Atlantic Region Coach of the Year.

Lycoming was the No. 1 seed in the Commonwealth tournament and earned an at-large bid to the NCAA playoffs. The Warriors faced Wilmington (Ohio) College in the opening round.

During three seasons with the Warriors, senior guard Eric Anthony tallied 1,184 career points. For the year, he ranked sixth in the country at the free throw line (107 of 119=89.9%). Freshman Jerald Williams was ranked sixth nationally in steals per game (3.0).

Anthony and junior forward Will Kelly were named second-team All-Commonwealth while Williams was tabbed the conference's Rookie of the Year.

## Wrestling

Senior Chris Dahlheimer capped his outstanding career at Lycoming by advancing to the NCAA Division III National Championships for the third consecutive season after winning the 165-pound title at the Empire Collegiate Wrestling Conference meet. A computer science major, he had one of the best GPAs in the country and was named an Academic All-American.

Junior Isaiah Britton, a transfer from the University of North Carolina, finished

second at 149-pounds at the ECWC meet. He earned a unanimous at-large bid to the national championships, as voted on by the league's coaches.

## Women's Swimming

Head coach Jerry Hammaker experienced the most successful season of his 10-year career at Lycoming. He led the Lady Warriors' swimming program to the Middle Atlantic Conference title for the first time since 1997. Hammaker was tabbed the league's Coach of the Year while freshman Lindsey Hunsicker earned the Eavenson Award as the female swimmer of the year.

Lycoming won the title with 616 points, besting last season's champion Misericordia University, which tallied 603. Individual champions were Stacy Flick in the 100-yard breaststroke and Hunsicker in the 500-yard freestyle and the 100- and 200-yard butterfly. The 200-yard medley relay team of Caroline LeHota, Flick, Hunsicker and Randi Bosch also earned first-place.

During the season, the Lady Warriors set nine school records, including some that had stood since the 1980s.



Chris Dahlheimer '10 wrestled at the NCAA Division III championships three straight seasons.



John Dorner and Alex Beattie '11 were named the league's Coach of the Year and tournament Most Valuable Player, respectively.

### Men's Tennis

Lycoming's men's tennis team earned its first-ever trip to the NCAA Division III Tournament in May. Under the direction of ninth-year head coach John Dorner, the Warriors faced Drew University in the opening round and finished the season at 10-3 overall. This marks the Warriors' first winning season since 1982.

Lycoming reached the national tournament by capturing the Commonwealth's automatic qualifier, rallying from a 4-1 deficit to defeat Elizabethtown College 5-4 on May 8.

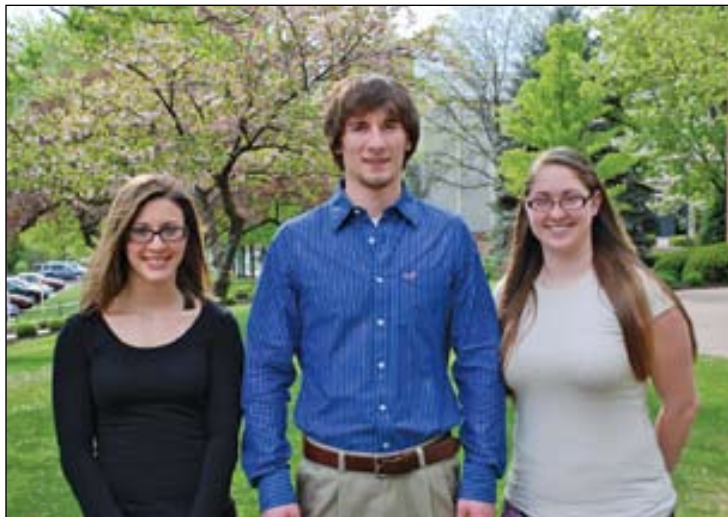
The Warriors were led by junior Alex Beattie, who was tabbed the Commonwealth Conference Tournament Most Valuable Player. He finished the year with an overall record of 12-2. Beattie and fellow junior Robert Brown were named first-team All-Commonwealth while freshman Jason Mifsud earned second-team honors.

### Top award-winners

The Lycoming College athletic department announced its top award winners at Honors Convocation on Sunday, April 18. Senior wrestler Chris Dahlheimer was

named the Male Athlete of the Year while senior volleyball player Abby Myers was the Female Athlete of the Year. Junior swimmer Stacy Flick was honored with the Sol "Woody" Wolf Award, which is presented to the athlete who has shown the most improvement in intercollegiate competition during his/her first three years at the College.

Dahlheimer, the team's Most Valuable Player, concluded his final season with an overall record of 27-5. He registered 10 wins by fall and seven major decisions. He won the Empire Collegiate Wrestling Conference's 165-pound title for the third consecutive season, which earned him a trip to the NCAA national



Athletic department award-winners, from left: Stacy Flick '11, Chris Dahlheimer '10 and Abby Myers '10

## LYCOMING COLLEGE Athletic Hall of Fame 2010 Induction Ceremony

**Homecoming Weekend  
Friday, Oct. 15**

Recreation Center

### INDUCTEES:

Frank Girardi	football
Robert Curry '69	football
Jeanine Evans '00	softball
Royce Eyer '01	wrestling
Chris Napier '02	men's basketball
Jason Fesler '05	men's soccer
Rebecca Fox-Neil '05	women's swimming

All alumni are invited.

Make your reservation today.

**For more information, call the  
Warrior athletic department  
at (570) 321-4110 or e-mail  
halloffame@lycoming.edu.**

championships. He was also named an Academic All-American.

Myers wrapped up her final campaign for the Lady Warriors as the team's leader in assists with 635. She finishes her career as the program's third all-time leader in assists, recording 2,534 since 2006. She also was named to the Middle

Atlantic Conferences' All Academic Team.

Flick, the team's co-Most Valuable Player, was a five-time All-Conference swimmer and helped the Lady Warriors win the 2010 Middle Atlantic Conference title. She also earned a spot on the conference's All Academic Team. Flick set two individual records in the 100- and 200-yard breaststroke, winning the conference title in the 100-yard. She also was a member of the 200-yard medley relay that placed first at the conference meet.



## 2 ROOKIE TABBED SWIMMER OF THE YEAR

BY MYLES BIGGS '12

Lindsey Hunsicker's swimming career at Lycoming College began when she submitted a prospective student-athlete questionnaire to Jerry Hammaker, head men's and women's swim coach. He admits there was nothing special surrounding his recruitment of Hunsicker. But as the season went on, Hammaker would soon learn that this ordinary recruiting process had landed him an extraordinary athlete.

Hunsicker surprised herself and her coaches when she became the first Lady Warrior selected for the David B. Eavenson Award as the most outstanding female swimmer of the year at the 2010 Middle Atlantic Conference Swimming Championships. Amazingly, Hunsicker almost didn't make it to this point. When she was 10-years-old, she was diagnosed with epilepsy.

"I went through six different medications before we found one that worked," said Hunsicker, a general studies major from Bethlehem, Pa., who began swimming at age 6. "When the medication was not under control, I wasn't allowed to swim."

Even with lost pool time through the years, Hunsicker has been able to persevere and continue to excel in the sport. In addition to the Eavenson Award, she helped the Lady Warriors claim their first MAC title since 1997.

"Lindsey's performance definitely ranks among the best ever in a single conference meet," says Hammaker. "It's hard to beat three individual wins and two really solid Lyco records, too. What's even more amazing is that she did all of that as a freshman, never having the experience of competing in that type of meet before. She did the training, handled the nerves and still was able to swim out of her mind during all six sessions of the meet."

On day one of the championships, Hunsicker captured first-place in the 500-yard freestyle in a school record time of 5:18.44. She also was a part of the 400-yard medley relay team, which included Caroline LeHota, Stacy Flick and Ashley Tudgay, that finished second and broke the school record with a time of 4:05.50.

◀ *Lindsay Hunsicker '13 with Ken Andrews, executive director of the Middle Atlantic Conferences, and Jerry Hammaker, Lycoming's head swimming coach*

Hunsicker's success continued into day two when she took first-place in the 100-yard butterfly. Her time of 59.53 seconds broke the previous record set in 1982. In the 200-yard medley relay, Hunsicker, LeHota, Flick and Randi Bosch clocked in at 1:51.21, once again fast enough for a new school record and a first-place finish.

During the final day of competition, Hunsicker swam to a first-place finish in the 200-yard butterfly in 2:14.76. She also was a member of the 400-yard freestyle relay team, along with Flick, Bosch and Tudgay, which finished second and set a new school record at 3:40.80.

"As a freshman, I went into MACs with an open mind and didn't know what to expect," said Hunsicker. "I had never been to a three-day long meet so this experience was all new to me."

Hunsicker attributes much of her success to her father, who has been a big part of her personal and athletic development. He was deeply involved in helping her find the right college to attend and, as a former swimmer, has been her inspiration in the pool.

"Sometimes it's hard with my dad because he always tells me there is something I can do better, even when I break a record," says Hunsicker. "But I've never really given my father enough credit. He has always been right about everything he says. Everything he says, my coaches say, too."

Looking to the future, Hunsicker says she is fully aware that a lot can happen in the pool during her next three seasons at Lycoming.

"There will always be very good freshmen who come into the program," says Hunsicker. "I just hope I can build off of them, let them push me and hopefully get better each season."



**Visiting scholar  
in creative  
writing fund**

Lycoming College announces the establishment of the Himes/Sweeney Visiting Scholar in Creative Writing, a newly endowed fund created by alumna Diane Sweeney. Income from the endowment will be used to bring distinguished writers in residence and practitioners to the College to address topics related to creative writing. Its goal is to promote discussion and exploration among students, faculty and the community. Through the program, the visiting scholars may assist in developing coursework, critique the works of students and lead creative writing classes.

Sweeney established the fund in recognition of the impact Lycoming had on her life as well as those of her family and friends. She attended the College from 1958-60 and earned a certificate in medical technology. Later as a non-traditional student, Sweeney earned a bachelor's degree in English from Lycoming in 1992, and in 2007 a master of fine arts in creative writing from Spalding University in Louisville, Ky. Her late husband, K. Alan Himes, also a Lycoming graduate, was a member of the school's Board of Trustees from 1987-96. Sweeney's late father-in-law, Kenneth Himes, was a longtime administrator of the College.

"The basis of the donation is an inheritance that passed from Kenneth Himes, my father-in-law, to K. Alan Himes, my late husband, to me," said Sweeney. "Since Ken was a former treasurer of the College, Alan and I alumni, and Alan a former trustee, it seemed appropriate that the money should benefit the College in some way. I wanted to see the English Department receive the funding to do something special that it might otherwise have been unable to do.

"During my time at Lycoming, I enjoyed the opportunity to work on my writing skills and when Alan died I decided to pursue an MFA in creative writing. Now, I'm very happy to be able to enrich the Lycoming program by offering students the chance to learn from our finest writers and to be inspired in their own attempts at excellence. My hope is that, in addition, Lycoming's academic reputation will be further enhanced in the process."

Sweeney and her husband, John, reside in Hilton Head, S.C.



**THERE'S A LOT GOING ON AT LYCOMING**

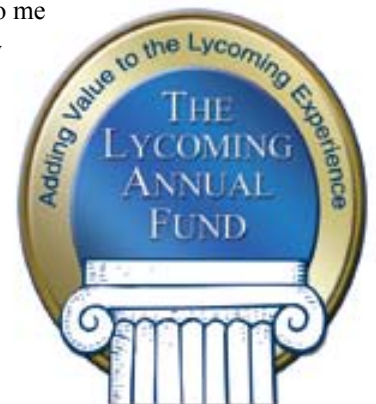
**and John Casciano is proud to be part of it.**

John Casciano '05 gives to the Lycoming Annual Fund because he knows his unrestricted contributions help support scholarships, clubs, lectures, music, art, theatre, intramurals, trips and so many more of the things that help make Lycoming the incredible learning experience that it is.

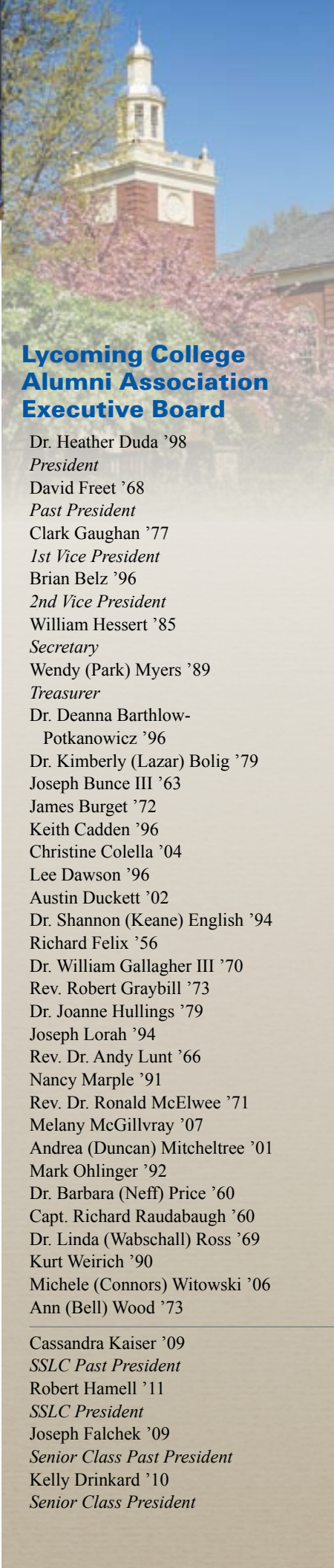
"While attending Lycoming College, I received an educational scholarship that was made possible by donations from generous alumni. It is important to me to be able to give that same opportunity to current students who may need some help paying for school. Since Lycoming was able to give me an amazing educational experience and provide me with many valuable life lessons, how could I not give back?"

<https://www.lycoming.edu/alumni/forms/giveonline.htm>

*John Casciano '05*



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Dear Friends,

Change is afoot . . .

First, Lycoming's very first online alumni directory and community is now live! Please take a moment to register and use this password-protected resource for reconnecting with old friends, career networking (you can even post your resume), uploading photos, and sharing your personal and professional news with the Class Notes feature.

Visit <https://www.alumniconnections.com/olc/pub/LYM> and use your personal ID number located above your name on the mailing label on the back of this magazine to authenticate your registration. (Alumni spouses: Your ID numbers will appear in the same order as your names on the label.)

Limited information about each Lycoming alum is available for viewing by all alumni who register for the community. You can add to or subtract from the information in your personal profile so it appears as you wish (or you can hide your information entirely, if you so choose).

You can also connect to the community through Facebook! Add the Lycoming College Community Connection application and do all of your alumni searches and personal updates directly from Facebook.



Second, this year's Homecoming brochure will be sent as part of your summer issue of the *Lycoming Magazine* rather than as a separate mailing. Please watch for it. The in-magazine brochure will feature the events of the weekend open to all alumni. We invite you to visit the Homecoming Web site ([www.lycoming.edu/alumni/Events/Homecoming](http://www.lycoming.edu/alumni/Events/Homecoming)) starting mid-summer to view the complete schedule of weekend events and to register online. (You may still register by mail if you prefer, using the form enclosed in the summer magazine.)

We hope you'll mark your calendars now for Oct. 15-17 and plan to come back to Lyco this year for Homecoming's many offerings, including Friday's Fireworks on the Quad and Thomas B. Croyle '70 Memorial Golf Tournament, and Saturday's Tailgate Picnic on the Quad, sporting events and the very popular All-Alumni Reunion Social Hour.

Celebrating our Lycoming connections,  
*Melanie Harris Taormina*  
Melanie Harris Taormina '94  
Director of Alumni Relations

**Lycoming College  
Alumni Association  
Executive Board**

- Dr. Heather Duda '98  
*President*
  - David Freet '68  
*Past President*
  - Clark Gaughan '77  
*1st Vice President*
  - Brian Belz '96  
*2nd Vice President*
  - William Hessert '85  
*Secretary*
  - Wendy (Park) Myers '89  
*Treasurer*
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  - Dr. Kimberly (Lazar) Bolig '79
  - Joseph Bunce III '63
  - James Burget '72
  - Keith Cadden '96
  - Christine Colella '04
  - Lee Dawson '96
  - Austin Duckett '02
  - Dr. Shannon (Keane) English '94
  - Richard Felix '56
  - Dr. William Gallagher III '70
  - Rev. Robert Graybill '73
  - Dr. Joanne Hullings '79
  - Joseph Lorah '94
  - Rev. Dr. Andy Lunt '66
  - Nancy Marple '91
  - Rev. Dr. Ronald McElwee '71
  - Melany McGillvray '07
  - Andrea (Duncan) Mitcheltree '01
  - Mark Ohlinger '92
  - Dr. Barbara (Neff) Price '60
  - Capt. Richard Raudabaugh '60
  - Dr. Linda (Wabschall) Ross '69
  - Kurt Weirich '90
  - Michele (Connors) Witowski '06
  - Ann (Bell) Wood '73
- 
- Cassandra Kaiser '09  
*SSLC Past President*
  - Robert Hamell '11  
*SSLC President*
  - Joseph Falchek '09  
*Senior Class Past President*
  - Kelly Drinkard '10  
*Senior Class President*

A message from your  
**Alumni  
Association  
Executive  
Board**

# STAY CONNECTED

## Ways for Alumni to Re-Connect with Lycoming

Graduation comes; life goes on. Whether your graduation happened one year ago or 50 years ago, inevitably some of us lost touch with the College, the campus and the friends we had as undergraduates. Obviously, anyone reading this article has managed to stay in touch with Lycoming on some level. The good news is that staying in touch or becoming even more connected with Lycoming is **really** simple!

One of AAEB's roles is to help Lycoming alumni stay connected or re-connect with our alma mater. Here are just a few suggestions on how you can stay connected.

1. **Send in a Class Note.** Tell classmates what you've been up to or where you are in your personal or professional life.
2. **Join Facebook, Linked-In or another social networking group.** At last count, Lycoming had more than 1,800 fans on Facebook, and the Lycoming Alumni Association has more than 900 Facebook fans. Maybe one of your old friends is already a fan!
3. **Write an email to a former classmate or college friend.** Don't know their email address? Log in to the brand new Lycoming alumni online community at <https://www.alumnicconnections.com/olc/pub/LYM> to look them up (see p. 41 of this issue for simple instructions). You can set the personal information you'd like to make available to other alumni while you're there as well!
4. **Go to Homecoming.** Don't just wait for the special class events held every five or 10 years, either. If you haven't been back for a while, it's always great to go back and see what's new on campus. You're bound to run into someone you know, too!
5. **Attend an alumni event (wherever it is).** Events already have been scheduled in the coming months for New York City, Baltimore, Atlanta, Sea Isle City and Camden, N.J. and Pittsburgh. Plus there are often get-togethers at away football games.
6. **Host an alumni event.** If you live far from Williamsport, contact the Alumni Office and offer to host an alumni event for in your area. It could be as simple as organizing a get-together at your house or planning a larger event at a popular venue in the town where you live. Several years ago, a few people decided to see if alumni in the Baltimore area would like to go to a baseball game. Today, that "Team Time-Out" is an annual event that attracts dozens of alumni from multiple states.
7. **Visit [www.lycoming.edu](http://www.lycoming.edu).** The Lycoming College Web site isn't just for prospective students; it's one of the better ways for alumni to stay up-to-date with what is happening at the College.
8. **Listen to WRLC on the Internet.** That's right ... the campus radio station has a live stream on the Web. Visit <http://student1.lycoming.edu/orgs/wrlc/> and mark it as a favorite on your browser.
9. **Wear some Lyco stuff.** Whether it's a hat, a shirt or anything else, Lycoming-branded clothing makes a proud statement and can lead to many impromptu "Did you go to Lycoming, too?" conversations. Bumper stickers, golf towels and other accessories also do the trick!
10. **Get a Lycoming Alumni credit card and/or (when they are available this summer) the new Lycoming license plate for PA residents.** Not only do they promote your affiliation with the College, they raise funds for scholarships and other activities sponsored by the Alumni Association.
11. **Plug "17701" into your favorite Internet weather site and monitor Williamsport's weather.** It's not as bad as you remember. Really.
12. **See the Lycoming College Tour Choir when it visits a church or town near you.** Better yet, volunteer to host some choir members.
13. **Order something from the Bookstore for a birthday present.** Lyco gear is available online at [www.lycoming.edu/bookstore](http://www.lycoming.edu/bookstore).
14. **Lend a hand at commencement or move-in day.** There are plenty of opportunities to volunteer at these or other events on campus throughout the year.
15. **Promote Lycoming to prospective students.** The Admissions Office is always looking for volunteers to represent Lycoming at a local college fair or to write letters to prospective students!

It's not necessary to do all or even most of these – just try one and you'll be amazed how great it feels to be in touch! Please contact the Alumni Office at [alumni@lycoming.edu](mailto:alumni@lycoming.edu) or the AAEB Communications Committee at [ConnectwithLyco@comcast.net](mailto:ConnectwithLyco@comcast.net) if you would like additional information on any of these suggestions.



The popular Lyco/Widener football post-game gathering continued this past season. Former Lycoming quarterback and current director of major gifts Glenn Smith '07 (at right) joined the group, which included (l to r) Jerry Girardi '86, Dave Roberts '77, and Megan Carl '07. Joe Bunce '63 organized the event.



Lycoming's new book discussion series brings local alumni and friends together with faculty for literary conversation. In October, Dr. Todd Preston (top photo), assistant professor of English, led discussion of "The Hobbit" by J.R.R. Tolkien, and in March, Dr. G.W. Hawkes, professor of English, led discussion of his own novel, "Semaphore."



Local alumni and members of the campus community gathered on campus Dec. 9 for "Windows of Williamsport," a stained glass presentation by Dr. Amy Golahny, professor of art, which featured photographs of stained glass windows in 10 downtown Williamsport houses of worship built before 1910.



More than 50 alumni, including this group of 1980s classmates, gathered for the Tour Choir's concert in Plainfield, N.J., on Jan. 30. A dinner for alumni was held at the Stage House in Scotch Plains prior to the concert.

**ACCOUNTING ALUMNI**  
*Reception*  
**HOMECOMING 2010**  
**SATURDAY, OCT. 16**  
**10:30-11:30 a.m.**  
 Accounting Lab (C-206, Academic Center)

**For more information contact  
 Prof. Dick Wienecke '66 at  
[wienecke@lycoming.edu](mailto:wienecke@lycoming.edu)**





Hilton Head



Albuquerque



San Antonio



Denver

Late February and early March brought a series of events to alumni from the Atlantic to the Rockies. The opportunities to stay connected began with a Hilton Head reception hosted by Dan '57 and Helen (Holler) '57 Fultz on Feb. 27. On March 1 and 2, alumni attended informal dinners prior to Lycoming Tour Choir concerts in Charlotte and Raleigh, N.C. President James Douthat and Vice President for College Advancement Chip Edmonds '98 joined alumni at each of these events.

Glenn Smith '07, major gifts officer, was well-traveled on March 6, first greeting alumni who joined a few of the Lycoming students, faculty and staff participating in Habitat for Humanity's Collegiate Challenge for breakfast in Albuquerque, N.M., then flying over to San Antonio, Texas, for a social gathering of the Texas Regional Chapter of the Alumni Association, coordinated by Jeff Reddall '81. Smith also represented the College at an inaugural Denver-area alumni gathering, coordinated by Bruce Davis '91, on March 14.

# UPCOMING Events

To register  
for any  
of these events,  
please call  
(570) 321-4376.

## Thursday, June 17 – Atlanta, Ga.

### Dinner with Dr. Edward Gabriel

Join Dr. Gabe and fellow alumni for an informal dinner in downtown Atlanta.

6 p.m. @ Max Lager's, 320 Peachtree Street

No pre-payment required; we will order from the menu.

## Saturday, June 19 – New York, N.Y.

### Joint NYC Dinner Cruise

Don't miss this unique opportunity to join fellow Lycoming alumni and alumni from Albright, Alvernia and Lebanon Valley colleges for a three-hour Manhattan cruise including Italian buffet, cash bar and D.J.

6 p.m. boarding @ Marco Polo Cruises, New York Skyports Marina, East 23rd Street & FDR Drive

\$65/person, pre-paid

## Saturday, June 26 – Baltimore, Md.

### 8<sup>th</sup> Annual Team Timeout at Camden Yards

2:30 p.m. all-you-can-eat buffet picnic / 4:05 p.m.

Orioles vs. Nationals

\$32/person, pre-paid

## Saturday, June 26 – Baltimore, Md.

### Informal Social Hour

Rod Berfield '05 won a happy hour party and Lyco alumni are invited to join him!

5:30-8 p.m. @ Howl at the Moon, 22 Market Place

Free of charge (beverages on your own); Reservations not required

## Saturday, July 10 – Sea Isle City, N.J.

### Lyco Down the Shore: AAEB's 3<sup>rd</sup> Annual All-Alumni Summer Reunion

Spend the day on the 40th Street Beach with complimentary soft drinks provided and/or join us for an all-you-can-eat dinner buffet at La Costa, 4000 Landis Ave.

10 a.m.-4:30 p.m. beach, 4:30-8:30 p.m. dinner (come and go as you please)

\$17/person for dinner, no pre-payment required

Visit [www.lycoming.edu/alumni/events](http://www.lycoming.edu/alumni/events) for updates.



**Class Notes submissions:**

Lycoming College wants to join you in celebrating your career and life accomplishments. You may wish to share information about a birth, wedding, anniversary, career move, retirement, life-changing experience, etc. We reserve the right to edit submissions to meet *Lycoming College Magazine* style guidelines and space limitations. Only activities that have already taken place will be included in Class Notes.

**Photo submissions:** Please feel free to submit printed and high-resolution digital photos. Because of space limitations, we cannot publish every photo we receive, but your chances improve if your digital photos are of good quality and at least 300 dpi at a canvas size of 3x5. Lower resolution pictures may look sharp on your computer screen, but will not reproduce well in the magazine.

Information received after April 16, 2010, will be used in a future issue of the magazine.

**Send your Class Notes information to:**

- a) Class scribe
- b) Alumni Office  
Lycoming College  
700 College Place  
Williamsport, PA 17701
- c) E-mail:  
alumni@lycoming.edu

*Please be advised that as a result of our online posting and archiving of the magazine, information included in Class Notes may become publicly available and searchable through the Internet.*

**1952**

Ralph Marion  
rmarionjr@bellsouth.net

**1954**

Rev. James Horace Gold  
(570) 966-0330  
jegold@atlanticbb.net

**1958**



Noel Faddis '58 and Robin Olsson '76

Noel Faddis (business administration) and Robin Olsson '76 (biology) played on the same team in the "Under the Hill League" matches at Roger Scott Tennis Center in Pensacola, Fla. Their team won the league championship this past spring. A third alumnus, Garth Kleckner '57 (psychology), also joined them in play. Robin is a salesman for a national printing company; Noel owns a real estate business; and Garth is retired.

Ruth (Perry) Hodge (exec. sec. science) and husband, Marcus, celebrated their 50th wedding anniversary Sept. 26, with a reaffirmation service at Shiloh Missionary Baptist Church. They also took a trip to the Holy Land. Ruth is retired from Carlisle Barracks as a librarian and from the Pennsylvania State Archives as an archivist. The couple has a daughter and a son and two grandsons. They reside in Carlisle, Pa.

**1959**

Beverly (Strauser) Manbeck  
Ladypink101@aol.com

Agnes (Cruikshank) Combs and her husband, Ray, celebrated their 50th wedding anniversary Jan. 9. Daughters Margaret (Combs) King '82 and

Heather Combs '85 were among the family members and friends in attendance at the celebration.

Robert A. Kranz (business administration) and his wife, Mary Jean, observed their 50th wedding anniversary Oct. 17. He retired in 1998 from Williamsport Area School District. They are the parents of a daughter and a son.

Maralyn (Hinkle) (sociology) and Richard Lloyd (business administration) observed their 50th wedding anniversary Oct. 24. She is a retired social worker and he retired from Muncy Bank and Trust Co., where he was a president. They have a son, a daughter and two grandchildren.



From left: Noel '58 and Joann Faddis and A. Sue (Bingaman) '60 and Jay '59 McCormick at the 2010 NCAA Division I basketball tournament in Jacksonville, Fla. Both families have been attending the NCAA tournament for approximately 18 years and this is the second time that they have "bumped into" each other.

**1962**

Geoffrey R. Wood  
(252) 636-0508  
gwood8@suddenlink.net

**1963**

Evelyn McConnell Derrick  
ederrick@windstream.net

**1964**

Bill Lawry  
(860) 658-7217  
wlawry@aol.com

**1965**

Nancy (Snow) Cross  
(610) 285-2757  
crosswindsnsc@yahoo.com

**1969**

Tom McElheny  
tmcclheny@churchplaza.com

**1970**

Susan Stewart  
susancstewart@hotmail.com

**Glenn Lovell** (history) has had his review of Michael Moore's "Fahrenheit 9/11" published in "The Pop Culture Zone: Writing Critically About Popular Culture." His piece, titled "Sub-Par Propaganda," first ran in the *San Jose Mercury News*. He teaches film studies at De Anza College in Cupertino, Calif.

**W. Thomas Skok** (psychology) is the new executive vice president and general counsel for Petroplus Holdings AG in Zug, Switzerland. He joined the company in February 2007 as associate general counsel and was previously senior counsel for the refining and marketing segment of ConocoPhillips. Petroplus Holdings AG is the largest independent refiner and whole-saler of petroleum products in Europe.

**Sen. Eugene Yaw** (business administration) was elected to Guthrie Healthcare System's board of trustees. He is a Republican member of the Pennsylvania State Senate - 23rd District.

**1971**

Jon (Craig) Koons  
(570) 587-3928  
koons71\_scribe@yahoo.com

**Robert O. Baldi, Esq.** (English) was elected judge of the Bucks County Court of Common Pleas. His 10-year term began Jan. 4.



KDR brothers gathered for a tour of Yuengling Brewery and enjoyed a visit from Dick Yuengling '66. From left: Mike Wrigley '67, Bob Lefkowitz '68, Bill Bachardy '66, Mel Fleming '68, Jim Miller '69, Jim Scott '70, Detlev Tauber '67, Carl Elser '68, Sam Brasington '68, Brook Houck '67, Wade Pugh '67, Dave Hughes '68.

**1967**

**Rev. Peter Goguts** (sociology) retired in January after more than 27 years as pastor of St. John's (Hain's) United Church of Christ in Wernersville, Pa. He and his wife, **Carol (Schultz '67)**, have three children and three grandchildren.

**Nancy (Luke) Halloch** (music) teaches piano, voice violin and organ, and tutors. She enjoys raising Shetland sheepdogs and all her other furry and feathered friends. She resides in Linthicum Heights, Md.

**Ann Kathleen (Eck) Lunt** (music) and her husband, Robert, celebrated their 40th wedding anniversary Oct. 18. She retired in June 2003 from South Williamsport Area School District, where she was a teacher for 35 years. They have one daughter and a grandchild.



Back row, from left: Dr. Angela (McElwain) Bednarczyk '68 and Mary (Swanson) Hedden '68 front row: Susan (Fielding) Roeser '68, Dick Hedden '68 and Paula (Menza) Young '68

**Dr. Angela (McElwain) Bednarczyk** (psychology) and her three suitemates from North Hall (now Williams Hall) met on Hilton Head Island in September to go sightseeing, eat delicious seafood and catch up.

**1968**

**Richard Gibson** (sociology) is the president and chief executive of Artegraft in North Brunswick, N.J., which makes specialty medical products for dialysis patients. Previously, he was the founder and chairman of ENtech, Inc., a manufacturer of enteral delivery devices used in the nutritional support of hospitalized patients. He resides with his wife, Susan Ingram, in North Brunswick.



KDR members met at The Green Dragon in Ephrata, Pa., for breakfast and some "shopping." From left: Bob Rhodes '67, Bill Bachardy '66, Dan Wolfe '67, John Short '67, Jeff Wolf '66, Wade Pugh '67, Bruce Patterson '65, Les Stevens '68, Gary Goodear '62, Sam Brasington '68, Jim Scott '70, Walt Kinsey '67, Carl Elser '68, Ray Desor '65, Bob Lefkowitz '68, Mel Fleming '68, Dave Hughes '68 and Lee Wolfe '63. Missing from the photo is Roger Swain '65.



Trustee Don Failor '68 and his wife, Marilyn '70, welcomed several members of their family to campus for a biology colloquium on April 22. From left are: Dr. Edward Gabriel, associate professor of biology, Marilyn's brother and sister-in-law, Dennis and Betsy Phillippy, Don, son, K.C. Failor '11, Marilyn, and guest presenter Adam Phillippy. Adam's sister, Kathryn (Phillippy) Hawley '93 was unable to attend. Adam is a Ph.D. candidate in computer science at the University of Maryland.



Mel Fleming '68 is shown with Nicholas Zeigler, who received the Hoover Memorial Prize at the 2010 Honors Convocation. Fleming is a former FBI special agent (1971-98). The prize was established on his behalf by the Former Agents of the FBI Foundation to support the College's criminal justice program. It is presented to the student who has demonstrated excellence in research and scholarship while pursuing a major or minor in criminal justice.

## 1972

Linda (Burton) Kochanov  
(203) 744-0393  
Kuchi3@aol.com

**Judy (Aikens) Mileto** retired last June as an elementary school teacher with the Methacton School District in Collegetown, Pa. For the past 20 years, she taught kindergarten. Judy began her career teaching fourth grade in Williamsport at Webster Elementary. Judy and husband, Chris, have two sons, Randy, 28, and Jeffrey, 23.

## 1973

Virginia (Ginny) Shamlan  
virginiashamlan@yahoo.com  
or  
Sherrie (Burton) Smith  
(410) 280-9086  
sandrsmith@verizon.net

**Elizabeth A. (Johnson) Checchia** (Russian, Soviet area studies) retired Sept. 30 from the U.S. Army after 33 years. She is working part time at Ft. Huachuca, Ariz., as a consultant on Homeland Security issues. Elizabeth lives in Tucson, Ariz., where she spends time with her horses and volunteers at a local animal rescue organization.

**Gene Dodaro** (accounting) was honored for his leadership during the School of Public Affairs' 32nd annual Roger W. Jones award ceremony on Oct. 27.

Dodaro, acting comptroller general of the United States, U.S. Government Accountability Office, was honored for the 1,400 improvements to government programs made under his watch last year. The changes created about \$58 billion in financial benefits.

**Gary W. Hagestad** (art) was elected to the National Advertising Review Board at the annual meeting of the National Advertising Review Council



Gene Dodaro '73

in New York City. The NARC is a peer review body established in 1971 to maintain standards of truth and accuracy in advertising, through voluntary self-regulation. Gary and his wife, Diane, reside in Lincroft, N.J.

**Betty (Hebblewaite) Mohr** (psychology, elementary education) retired from critical care nursing at Aria Health Hospital-Torresdale Division (formerly Frankford Hospital), where she worked the last 32 years. Prior to working on the step-down unit with cardiac trauma, pulmonary and neurological patients, she worked at Temple University Hospital for two years and at Chandler Hall in Newtown, Pa., for three years. She now works with local and state organizations to develop programs and services for Autistic children. She has three children, five grandchildren and one great-grandchild, and resides in Langhorne, Bucks County, Pa.

**Bob Howden** (political science) has been named to the board of directors of the Northwestern Pennsylvania Chapter of the Public Relations Society of America. He is director of public relations at Shriners Hospitals for Children in Erie, Pa.

## 1974

Sherry L. Macpherson  
(856) 765-1476  
slmacp@aol.com

**Dr. Douglass Beegle** (chemistry) was one of four faculty members in Penn State's College of Agricultural Sciences to be named a distinguished professor, which recognizes exceptional accomplishments in teaching, research and service.

**Kevin Foord** (art) was appointed corporate retirement director by Morgan Stanley Smith Barney. He has been a financial advisor of the firm's Ridgewood, N.J., office since 2001. Kevin is also an American Heart Association board member, serves on the American Heart Association's NYS advocacy committee and is a member of The Mended Hearts Program at Good Samaritan Hospital.

## 1975

Gail (Gleason) Beamer  
(508) 460-0682  
Beamette@aol.com

### Pile named Diakon president/CEO

Mark Pile '74 was installed as Diakon Lutheran Social Ministries' president/chief executive officer on March 26. He was unanimously selected by the Diakon boards in late 2009 and has been serving as president/CEO since the beginning of the year.

Pile was named executive vice president/ chief operating officer when Diakon was created, having held a similar role with Lutheran Services Northeast. He joined LSN as senior vice president in 1997, overseeing program operations in 14 eastern Pennsylvania counties. Prior to joining LSN, he served as vice president of Somerset Hospital and, before that, was executive director of Twin Lakes Center, Somerset.

He was chairman of the steering committee and a founder of the Somerset Area Food Pantry and a former board member of Meals on Wheels of Somerset County and of Allegheny Lutheran Social Ministries in Hollidaysburg, serving as board vice-chair. He also is past president of the Somerset Exchange Club.

Pile is a fellow with the American College of Health Care Executives and a member of the Academy of Certified Social Workers. He earned a master's degree in social work from the University of Pittsburgh and also holds a master's degree in health administration from the Medical College of Virginia in Richmond. He and his wife, Susan, have six children and live in Macungie, Pa.

Providing senior living accommodations, health care and a range of family and children's programs in Pennsylvania, Maryland and Delaware, Diakon Lutheran Social Ministries serves people without regard to religious affiliation. Dating to 1868, the non-profit organization annually touches the lives of approximately 200,000 persons through programs ranging from adoption and foster care and services for at-risk youths to family counseling and continuum-of-care senior living communities. More information about Diakon is available at [www.diakon.org](http://www.diakon.org).



Mark Pile '74

**Mary (Lawrence) Grover** (psychology, Spanish) has joined the Peace Corps and is in Cotacachi, Ecuador, working as a community health volunteer.

**Rev. Haydn J. McLean** (biology) has had his article, "Because I Said So," accepted for publication in Vol. XLX (2010) of *The Journal of Pastoral Counseling*, Iona College, New Rochelle, N.Y.; and had an article titled "The Unexpected Gift" accepted for publication by *Plain Views*, an online chaplaincy journal. His submission "One More Hat in the Ring," was accepted for publication in the next issue of *The Journal of Pastoral Counseling*.

### 1977

**Brian Leonard**  
(703) 913-0213  
[unclebrian@brianleonard.net](mailto:unclebrian@brianleonard.net)

**Thomas Richey** (history) was named president of Development & Construction Division of Cedar Shopping Centers Inc. in September 2009. He had served as vice president of development and construction services since 1998.

**John "Jack" Schrader** (biology) owns the Overhead Door Company of Lycoming County, which has been in business for more than 45 years. His company received the Phillips-Plankenhorn Small Business of the Year Award in February at the 124<sup>th</sup> annual Williamsport/Lycoming Chamber of Commerce meeting and awards ceremony.

### 1978

**Edward and Jane (Snyder) Bird**  
[fish1156@sbcglobal.net](mailto:fish1156@sbcglobal.net)

**Dr. Lynette (Tompkins) Smith** (biology) has been elected to the board of trustees of the North Carolina Dental Society, which represents 3,800 dentists. She has been in general practice in Mount Airy with her husband, Dr. Ben Smith, since 1990.

### 1979

**John Piazza**  
(570) 321-1818  
[johnpiazza3@verizon.net](mailto:johnpiazza3@verizon.net)

### 1980

**Roy Crowe**  
[roycrowe@optonline.net](mailto:roycrowe@optonline.net)

**Kathi (Ewing) Kelley** (English) and her husband, Edward, observed their 30th wedding anniversary Dec. 22. She is a retired teacher from the Williamsport Area School District.

### 1976

**Tom Eisenman**  
(567) 204-8889  
[tne45801@yahoo.com](mailto:tne45801@yahoo.com)

**John DiMarco** (accounting) has been named president of the Government Services Division of Day and Zimmermann, a nationally-recognized provider of industrial, defense and workforce solutions for government and commercial customers. He joined the company in 2005 as vice president of corporate development.



Roger Shipley with Roxanne (Copp) Edwards '76

**Roxanne (Copp) Edwards** (art) attended the April 2 opening reception of the art display "Recent Landscapes and Seascapes" by retired Lycoming art professor Roger Shipley at Harvest Artisan Collective in Williamsport. Roxanne and her husband reside in Lancaster, Pa.

### Johnson named Alum of the Year

Lycoming College recognized Steven Johnson '76 as its Alum of the Year at the 2010 Education Celebration sponsored by the Williamsport Lycoming Chamber of Commerce on March 4. Recipients of the award must be Lycoming County residents who are actively involved in the community and respected in their profession.

Johnson is the president and CEO of Susquehanna Health, a faith-based parent company of the Muncy Valley Hospital, Divine Providence Hospital, Williamsport Regional Medical Center and Susquehanna Health Medical Group. The health system is undergoing a \$250 million renovation and facility replacement program affecting all three campuses and expected to be completed in 2012.

Johnson is a fellow in the American College of Healthcare Executives and is the immediate past chairman of the board of directors of the Williamsport/Lycoming Chamber of Commerce and VHA Pennsylvania. He also serves on the board of directors for The Hospital & Health System Association of Pennsylvania, where he sits on the executive committee and chairs the Committee on Quality & Care Management. In addition, he serves as the lay leader at his church and sits on a variety of other public and private sector boards. He retired from the Pennsylvania Army National Guard as a major.

Johnson earned a bachelor's degree in liberal arts from Lycoming and a master's in public administration from Marywood University in Scranton. He serves on Lycoming's Institute for Management Studies Board of Visitors, was the College's 2005 New Student Convocation speaker, and presented a lecture on campus this past fall as part of the IMS Executive Speaker Series. Johnson and his wife, Mary Ann, reside in Cogan Station and are the proud parents of two adult children and three grandchildren.



Steven Johnson '76

skills, dedication, a commitment to giving back to women and contributions to the community.

### 1984

Lynn Cruickshank  
lynnacip@yahoo.com

**Anthony Mark Bucco** (business administration) was elected to serve in the New Jersey General Assembly, where he represents the 25th legislative district. Previously, he was a partner in the law firm of Johnson, Murphy, Hubner, McKeon, Wubberhorst, Bucco and Appelt, P.C. He and his wife, Amy, have six children and reside in Boonton, N.J.

### 1985

Theo (Gude) Truch  
(908) 956-1273  
theotruch@gmail.com

**Jeffrey Downing** (computer science) works at the Department of Veterans Affairs, Technology Acquisition Center in Eatontown, N.J. He previously worked for 24 years at the Software Engineering Center for the Department of the Army in Fort Monmouth, N.J. He is the technical deputy director for the Acquisition Rapid Response Office, providing technical guidance and direction for all information technology purchases in Virginia. He and his wife, **Julie (Wilcox '83)**, and son, Brian, reside in Scotch Plains, N.J. The Downings hosted the Lycoming College Tour Choir at their church in Plainfield, N.J., on Jan. 30.

**Joerg Meyer** (computer science) has been named senior director of Corp IT, Global Solutions Delivery for Merck & Co., Inc. in Whitehouse Station, N.J. He resides in Kintnersville, Pa., with his wife, Celia, and children, Lukas, 11, and Olivia, 9.

**Sallie Snow Sharer** (mass communications) was promoted to supervisor of graphic specialists in corporate communications at The Vanguard Group in December. She resides in Downingtown, Pa.

### 1986

Patricia M. (Dempsey) Hutchinson  
(610) 768-0404  
mphutch@msn.com

**Jack Geisel** (biology) is a biology and chemistry teacher at Palmyra High School, where he also coaches football, wrestling and track. He and his wife, **Jacqueline (Secor '87)**, reside in

**John C. "Jace" Scala** (astronomy/secondary education) was featured in a segment of Cablevision's "High School Journal," a newsmagazine program focused on high schools in the N.Y.-N.J.-Connecticut broadcast area. Jace is in his 23rd year as planetarium director at Lenape Valley High School in Stanhope, N.J., where he resides.

### 1981

Jeffrey S. Reddall  
(281) 242-6010  
jeff@reddall-law.com

### 1982

**U.S. Army Reserve Col. Alvin Burgess** (criminal justice) was named the new commander of the Army Reserve Element at the Defense Distribution Center in New Cumberland, Pa. He ensures soldiers are trained and prepared in the area of logistical expertise in order to support all branches of military

servicing worldwide. Besides his military duties, Alvin is a corrections counselor for the Pennsylvania Department of Corrections at Camp Hill.



Alvin Burgess '82

### 1983

**Deirdre Connelly** (business administration) was named 2010 Woman of the Year by The Healthcare Businesswomen's Association. She is president of North America Pharmaceuticals for GlaxoSmithKline. The HBA nominating committee overwhelmingly agreed that Deirdre's many accomplishments embodied the criteria for Women of the Year - success in the healthcare industry, strong leadership capabilities, proven mentoring

# VIEWPOINT

By Sue Lafky '79

Lycoming fit me because I wanted to do so much, and the flexibility the small school and the Scholar Program provided allowed that. I was able to do theatre and choir and complete three majors—German, French and Russian—and complete the secondary education certification all within four years.

Lycoming professors in and outside of my majors helped me grow. Some shining examples are Dr. Paul MacKenzie, Leo Winston, Dr. Bob Maples, Dr. Fred Thayer, Dr. Bob Falk and Dr. Walter McIver. I also recall fondly discussions with Drs. Mike Roskin, Bob Larson and John Piper. One funny memory: We had a “Watergate Party,” and Dr. Piper showed up dressed as a plumber.

Now I have a dream job: I teach German and intro to foreign language at Lanier Middle School in Fairfax County (Va.) Public Schools. I get to teach all my languages and I get to talk all day. I help with the theatre program and I subject my students to singing all the time. I use absolutely everything I learned at Lyco daily.

I introduced my niece, Kathryn Stoufer '07, to Lyco and now she is an alum!

A funny small-world alum story: At my school we had “college day” and wore shirts from our alma maters. I wore my Lyco shirt and one of my students walked into my room and asked, “What is up with all these Lycoming shirts?” I asked him what he meant, and he said his civics teacher was wearing the same shirt! I was sure that my student was mistaken, so I checked with the new teacher, Janel Justice, and lo and behold—another Lyco alum! Even funnier, one of my students asked if we had been friends at college. I am more than 20 years older than Janel (Class of 2001)!!

All roads to all places lead from Lyco. Another funny alum story: I was sitting in a train station in Geneva, Switzerland, waiting for a connecting train and who walked through? Vicki (Hallowell) '80 and Steve '76 Kracke—they were traveling from Italy. Very small world!



Sue Lafky '79

**Editor's note:** Lycoming alumni are encouraged to share their stories about how the College has had a positive influence on their lives. Your stories may be published in future issues of this magazine and/or posted on the alumni section of the Web site. To submit your story of no more than 500 words, please e-mail [collegerelations@lycoming.edu](mailto:collegerelations@lycoming.edu).

Gibbsboro, N.J. Their son, Chris, is a sophomore at Lycoming and Conor will be an incoming freshman this fall.

## 1987

Tina Muheim  
(215) 574-0160  
[tmuheim@colpenn.com](mailto:tmuheim@colpenn.com)

**Dr. David Dunbar** (biology), associate professor of biology at Cabrini College, is one of just 20 scientists in the nation to complete a year-long research residency to improve undergraduate biology education. The program was part of the Biology Scholars Program

established in 2007 by the American Society for Microbiology and the National Science Foundation. Dunbar joined the Cabrini faculty in 2001 and has published work in the *Journal of Excellence in College Teaching*.

**Pamela S. (Habig) Minckler** (nursing) has been promoted to manager of the Fee Review Section at the Commonwealth of Pennsylvania's Bureau of Worker's Compensation in Harrisburg. She has served the Commonwealth for 18 years. Pamela resides in Harrisburg with her husband and daughter.

## 1988

Cindy (Smith) Snyderman  
(610) 558-0998  
[stealthcu@aol.com](mailto:stealthcu@aol.com)

## 1989

Wendy (Park) Myers  
(610) 444-2629  
[timwendym@comcast.net](mailto:timwendym@comcast.net)

**Joseph B. Bower** (accounting) was named president and chief executive officer at CNB Bank and CNB Financial Corporation. He joined CNB in 1997 as the senior vice president and CFO for the bank and treasurer for the corporation. Joseph and his wife, Hillary, reside in Clearfield, Pa., with their four children.

## 1990

Courtenay (Wells) Arendt  
(410) 561-0909  
[gatormom40@gmail.com](mailto:gatormom40@gmail.com)

**Courtenay Wells Arendt** (communications-advertising/public relations) will be helping on the reunion plans for Homecoming. If anyone is interested in helping, contact her via Facebook or e-mail.

**Darcy (Johnson) Straka** (economics-management) was named executive director of Habitat for Humanity of Lebanon County, Pa. She had been director of development for the Lebanon Valley Family YMCA. Darcy and her husband, Chris, have three children and live in North Cornwall Township.

## 1991

Malena (DeMore) Pearson  
(570) 320-7370  
[mepearson@suscom.net](mailto:mepearson@suscom.net)

**Tracy (Maynard) McCutcheon** (Spanish) was promoted to vice president of the Raymond Hadley Corporation in Spencer, N.Y. She was the sales and purchasing manager before being promoted in January. Tracy resides in Sayre, Pa., with her husband, Chris, and daughter, Chelsea.

## 1992

Julie (Makatche) Collins  
(410) 676-0833  
[julie.collins@kcc.com](mailto:julie.collins@kcc.com)

## 1993

Andrea (Ruble) Miller  
(410) 353-5457  
[amproducer@aol.com](mailto:amproducer@aol.com)

## 1994

*Michele (Wawroski) Hogan*  
*michele@xanan.com*

## 1995

*Bob Martin*  
*(908) 326-3044*  
*martin180@aol.com*



*Joseph P. Ciccione '95 (left) and Bryan Dalesandro '95 ran in the Naples (Fla.) Half Marathon in January and also visited fellow Lycoming soccer and Theta Chi alumnus David Kidd '95.*

**Barbie Hoover** (nursing) earned a master's degree in nursing education from Walden University. She is an instructor of nursing programs at Pennsylvania College of Technology in Williamsport, where she taught for 11 years before joining the full-time faculty in January 2009.

## 1996

*Angela (Dakshaw) Sweeney*  
*(610) 705-3530*

**Romey Fagnano** (accounting) is the owner of RDF Tax Services, LLC, in Montoursville, Pa. He previously worked for a public accounting firm in Williamsport for 11 years.

**Matthew Harris** (business-management) has been recognized by Cambridge Who's Who for demonstrating dedication, leadership and excellence in military support. As a munitions systems craftsman and technical sergeant, he is tasked with delivering munitions to troops overseas, hauling bombs ready for transportation and ensuring that troops are equipped with adequate ammunition. During his 12 years with the U.S. Air Force, he has received an Air Force Commendation Medal, The Military Outstanding Volunteer Service Medal and three Air Force Achievement Medals.

**Stacy (Fremberg) Neill** was promoted to vice president and chief credit officer at Woodlands Bank. She resides in Montoursville, Pa., with her husband and two children.

## 1997

*Lauren Kolaya*  
*(908) 755-5710 or*  
*(908) 962-0816*  
*lyco97@aol.com*  
*or*

*Kirsten (Schwalm) Miller*  
*(570) 888-6486*

**Charles Kiessling** (nursing) and his wife, Gayle, celebrated their 25th wedding anniversary Oct. 20. The couple went on a cruise to Bermuda. He is employed as the coroner for Lycoming County and is a part-time flight nurse for Geisinger Medical Center. They have a son and a daughter.

**Carlen Smith** (biology) earned a Ph.D. in education from Capella University in March, graduating summa cum laude. She teaches anatomy and physiology at East Brunswick High School in coordination with Middlesex County College. She resides in Bordentown, N.J.

## 1998

*Brenda (Bowser) Soder*  
*(301) 598-5526*  
*brendasoder@verizon.net*

**Lisa (Moore) Rivera** (biology) is finishing the fourth year of her pathology residency at Naval Medical Center in San Diego, Calif. She was promoted to lieutenant-commander in August 2009. Lisa has been selected for a fellowship in forensic pathology with the Office of the Armed Forces Medical Examiner in Rockville, Md., which she will begin in September.

**Carl Shaner** (nursing) has been chosen as a program-proposal reviewer for the 2010 National Collegiate Athletic Association CHOICES alcohol education grant. The NCAA, with the support of the NCAA Foundation and Anheuser-Busch Co., Inc., developed CHOICES, a grant program for alcohol education. Carl is the student health services director at Pennsylvania College of Technology in Williamsport. He also chairs the Nurse Directed Section of the American College Health Association.

## 1999

*Heather Myers*  
*(570) 244-8914*  
*hm7793@att.com*

**Lance Barry** (communications) is a TV news anchor with WCPO, the top-rated ABC affiliate in Cincinnati, Ohio. He and his wife, Mindy, reside in Loveland, Ohio, with their son, Benjamin.

**Bart Makatche** (communications-advertising/public relations) is senior producer for Nancy Glass Productions, where he is working on the new original series "Fix This Yard," sponsored by The Home Depot. It premiered April 3 on "A&E."

## 2000

*Amanda (Peterman) dalla Piazza*  
*(570) 546-9440*  
*Harbinger11@hotmail.com*

**Christopher Brown** (accounting-financial) recently joined Peoples State Bank as manager of the Dushore (Pa.) office. He resides in Towanda with his wife and daughter.

## 2001

*Andrea (Duncan) Mitcheltree*  
*(908) 859-4525*  
*seed2tree@gmail.com*

**Tracy Haas** (business-marketing management) has been named marketing, outreach and referral development coordinator at Albright Living Independently for Elders Lycoming-Clinton. She recently served as a communications specialist with Susquehanna Health.

## 2002

*Sharon Rogers*  
*SharonR6300@aol.com*

**David Geer** (art-painting) had his artwork exhibited at the Sidney (N.Y.) Memorial Public Library in November. David was named National Bank of Delaware County Artist of the Month in March. His works were on display in all offices of NBDC. He teaches painting to children and adults, and resides in Unadilla, N.Y.

**Amy Lesko** (psychology) was named training and development consultant of Delucchi+, a strategic marketing communications firm in Washington, D.C. Amy will work on the development and execution of client seminars, new



### Dull graces magazine cover

Mindy (Culp) Dull '05 and her beaming smile can be found on the front cover of *Inside Pennsylvania*. The lead story of its spring issue is titled "2010's Most Beautiful People." According to the magazine, living in the beautiful towns, hills and valleys of Central Pennsylvania and all along the banks of the Susquehanna River are more beautiful people than you may imagine. Of the many nominations it received, Mindy is one of the 15 individuals profiled.



A resident of Lewisburg, Mindy is a social worker for a partial hospitalization program for youth. She recently earned a master's degree and plans to begin a career as a special education teacher. She also coaches high school basketball and is a marathon runner.

Mindy ran her first marathon in honor of her husband, Derrick Dull '07, who died in 2008 after a 10-month battle with leukemia. When Derrick was diagnosed, they found few foundations and fund-raisers that focused on the needs of young adults suffering with the disease. So they began planning just such a foundation and called it DJD Fight On Foundation. Mindy and her aunt continue to be advocates for others who find themselves where Mindy was less than two years ago. They have raised \$10,000 for the Leukemia and Lymphoma Society and also help local families who have a member battling cancer pay medical bills, medications and living expenses.

Pa. Kerrilee resides in Bethlehem, Pa., with her husband, **Christopher DeHart '02**, and their daughter, Fayelee Rose.

**Gretchen Hause** (English-literature) is as an associate specialist in the Books and Manuscripts Department at Christie's New York. She resides in Brooklyn.

**Jill (Broschart) Oettinger** (French) earned a master's degree online in youth development from Michigan State University in 2008.

**Jessica Rote** (art-generalist) is an art teacher at Bucktail High School in Renovo, Pa., where she also is the advisor of the newly formed art club. She previously taught K-12 art at Sugar Valley Rural Charter School.

**Jacqueline Anne (Stires) Schap** (psychology) earned a master's of science degree in psychology from Walden University in January. She is employed as a family therapist for Pressley Ridge in York, Pa. Jacqueline resides in Jacobus.

## 2004

*Christine Colella*  
*misschristinec@hotmail.com*

**Laura Thompson** (English-creative writing) writes for the Brodart Company. She held a public poetry reading in Williamsport in December. Laura earned a M.F.A. in poetry from Vermont College in 2007. Her poems have appeared in *The Tributary*, *The Rectangle* and *Tiger's Eye*.

business development corporate training and development, and internal training programs.

**Dr. Constance Wilson** (biology) has opened a dental practice in Lewisburg, Pa., named 2 Dental Divas: Drs. Constance Wilson and Julie Barna. She wrote a first-person article about her experience of opening the practice for the January/February 2010 issue of *Pennsylvania Dental Journal*. Connie earned a master's in biology from Bloomsburg University in 2004 and graduated from the Temple University School of Dentistry in 2008. She resides in Sunbury.

## 2003

*Charlene (Bartolotta) Sterphone*  
*cbartolotta123@yahoo.com*

**Kerrilee (Morton) DeHart** (communications-corporate) has been promoted to associate center director of the Villanova Kaplan Center with Kaplan Test Prep & Admissions in Bryn Mawr,



*Lyco alumni gathered at Lauren Evangelist's new home in West Chester, Pa. to kick off 2010. Front row, from left: Amanda Majetsky '03, Brenda (MacPhail) Kellogg '01, Lauren Evangelist '04, Cassie (Gordon) Rabadeau '04, Christine Colella '04, Jim Cusick '08; back row, from left: Laura Seifert '06, Erin Dillon '07, Nancy Valente '05, Russ Rabadeau '04, Kait Laret '04, Erica Likens '05, Matt Smith '04, Molly Brady '04 and Amy (McCauley) Swearheart '04*



Several alumni returned to campus to join Dr. Stan Wilk during his retirement party on April 9. Wilk, a professor of anthropology and sociology, served the College for 37 years. Pictured with Wilk (center) are from left: Jason Grabelsky '05, Robin (Bixler) Dadzie '02, Kathleen Holmes '05 and Amber (Day) Phillips '06.

## 2005

*Kristen Dart*  
darkris33@hotmail.com

**Army 2nd Lt. Brett Bonanni** (political science) graduated from the Army Basic Officer Leader Course III. He is an armor officer assigned to the 2nd Battalion 16th Cavalry Regiment in Fort Knox, Ky.

**Dr. Jon A. Carlson** (biology) opened All-Star Chiropractic & Sports Rehabilitation in January in Emporium, Pa. He completed the doctor of chiropractic program at Logan University in Chesterfield, Mo., in April 2009.

**Bradley M. Webb** (history) is the coordinator of matriculation and retention for the School of Business and Computer Technologies at Pennsylvania College of Technology in Williamsport. He resides in New Columbia.

## 2006

*Michele (Connors) Witowski*  
mconnors@inbox.com  
or

*Jamie (Hershey) Arnold*  
herjami@hotmail.com

**Army Spec. Eddie L. Alesich** (criminal justice) has been mobilized and activated for deployment overseas to a forward operating base in support of Operation Iraqi Freedom. He received the Commander's Award for professional excellence and was promoted to sergeant.

### **Jamie (Hershey) Arnold**

(communication-corporate) graduated from Wilmington University with a master's degree in organizational leadership. She works for Bayshore Records Management in Newark, Del., as the head of business development. Jamie and her husband, Andy, reside in Newark.

**Aaron S. Basom** (communication-corporate) earned a master's degree in business administration and marketing from the University of Phoenix in September. He is employed by Verizon Corporation. Aaron and his wife, Lillian, reside in Lancaster, Pa.

**Margaret Bortner** (communication-electronic) is employed in the office of Business and Legal Affairs at MTV Networks. She previously worked for Batwin + Robin Productions, assisting in production of film and media exhibits for the newly opened Walt Disney Family Museum in San Francisco. Margaret resides in Brooklyn, N.Y.

**Melissa (Wright) Webb** (biology) earned a master of arts in education from Virginia Tech and is the seventh- and eighth-grade science teacher at Mifflinburg (Pa.) Area Middle School. She resides in New Columbia.

## 2007

*Laura (Holdredge) Layaou*  
lholdredge@hotmail.com



# ATTENTION ALUMNI

If you were a member of the graduating class of 2003, 2004 or 2005 and have information in a credential file in Career Services, formally called Career Development Center, and wish to keep it, please request that this information be mailed to you. Information remaining in credential files for those classes after Aug. 25, 2010, will be destroyed.

Please note that education materials are no longer being kept by the Education Department. If you would like this information mailed to you, please contact Career Services by e-mail at [careerservices@lycoming.edu](mailto:careerservices@lycoming.edu) or by phone at (570) 321-4034.

Thank you,  
Career Services

**Tamah Amrom** (sociology-human services) is the assistant director of student activities and new student orientation at York (Pa.) College. She earned a master's degree in student affairs in higher education from the Indiana University of Pennsylvania in May 2009.

**Melany McGillvray** (physics/astronomy) was initiated into the Delta Phi Epsilon Professional Foreign Service Sorority at Georgetown University. She resides in Fairfax, Va.

## 2008

*Amil Guzman*  
*amilguzman@gmail.com*

**Christi Groller** (chemistry) is a chemical sales representative at Quaker City Chemicals in Philadelphia.

**Rachel Lucas** (computer science) graduated from basic military training at Lackland Air Force Base in San Antonio, Texas.

## 2009

*Ashley Wislock*  
*awislock@gmail.com*

**Jackie Szymanski** (English-literature) is working at the *Williamsport Sun-Gazette* as a lifestyle/entertainment reporter. She also is helping to compile and edit a book for the paper titled "Defenders of Freedom: The heroic stories of World War II and Korean War veterans." It is based on the ongoing "Defenders of Freedom" series the paper runs each Monday. In the fall, she plans to pursue a master's degree in publishing and writing at Emerson College in Boston.

# IT'S HERE!

## Lycoming College Online Alumni Directory & Community

**Lycoming's very first password-protected site for alumni only**

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- Reconnect with old friends
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Go to <https://www.alumniconnections.com/olc/pub/LYM> and enter your name and your personal ID number listed above your name on the mailing label on the back of this magazine to get started! (Alumni spouses: Your ID numbers will appear in the same order as your names on the label.)

00123

A. Lyco Alum '76  
1234 Alumni Way  
Williamsport, PA 17701



**BE A DJ FOR AN HOUR**  
**FIRST ANNUAL ALUMNI  
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Your \$50 contribution to support WRLC gets you an hour of air time on Lycoming's radio station to wow your alumni friends with your musical savvy!

For more information, contact  
Kurt Weirich '90, AAEB member, at [kurtweirich@gmail.com](mailto:kurtweirich@gmail.com)  
or Stephanie Robinson '12, WRLC station manager, at [robstep@lycoming.edu](mailto:robstep@lycoming.edu)

To read a full listing of those in attendance at many of the weddings shown on this page, visit [www.lycoming.edu/alumni](http://www.lycoming.edu/alumni).

Susan Vaughan Ingram and **Richard Gibson '68**, Dec. 12, 2009, at the New York Palace Hotel.

**1** Devon Crosbie and **Jeff Burdick '96**, June 6, 2009, in Baltimore, Md.

**2** Micki Hammond and **Andrew Conklin '01**, Sept. 12, 2009, in Cedar Run, Pa.

**3** Christina (Hoffman) and **Nate DeRemer '01**, May 30, 2009, at Lycoming College.

**4** **Jacqueline Anne (Stires) '03** and Matthew David Schap, Sept. 19, 2009, at Hilltop Inn in Elmira, N.Y.

**5** **Angela (Bohr) '03** and **L.J. Huggler '04**, Sept. 26, 2009.

**6** **Cassie (Gordon) '04** and **Russell Rabadeau '04**, Sept. 27, 2009. The ceremony was held at the First Congregational Church in Westfield, N.J. and the reception at The Park Savoy in Florham Park, N.J.

**7** **Kirsten (Newman) '04** and Joshua Heck, Sept. 19, 2009, at Hopewell UMC in Downingtown, Pa.

**8** **Jennifer (Mainwaring) '05** and **Nicholas DiMaria '03**, Oct. 10, 2009, at Packer Memorial Church in Bethlehem, Pa.

**9** **Jamie (Hershey) '06** and Andrew Arnold, Nov. 7, 2009, at Grace United Methodist Church in Wilmington, Del.

**Kelli (Beitler) '07** and Fred Wienecke, Oct. 3, 2009, at Doe Run Presbyterian Church in East Fallowfield, Pa.

**10** **Rebecca (Duddek) '07** and Michael C. Ruddy, Oct. 3, 2009, at The Church of Saint Gregory's in Clarks Green, Pa.

**11** **Anna K. (Heffner) '07** and **Anthony T. Rader '09**, June 27, 2009, at St. Luke Evangelical Lutheran Church in Williamsport, Pa.



**1 Bobbie (Cannon) '91** and Mike Almassy, a daughter, Melissa Mae, Jan. 19, 2010. She joins sisters Christine, 14, Andrea, 12, and Ashley, 6.



**Kate (Phillippy) '93** and Nathan Hawley, a son, Samuel Taft, Oct. 6, 2009. He joins big brother, Luke, 8.

**2 Sharon (Bychkowski) '95** and Blair Helmick, a daughter, Brenna Noelle, April 5, 2009. She joins brother, Kyle Robert.



**3 Jessica (Diehl) '96** and Todd Knittle, a daughter, Alyvia Faith, Oct. 21, 2008. She joins sister, Trinity Grace, 4.

**4 Tami (Sickles) '96** and Frank McCartney, a son, Brett Charles, March 29, 2009. He joins brother, Frankie, 2.

**5 Kellie (Collins) '97** and **Michael P. Ritter '95**, a son, Erik Glenn, Oct. 9, 2009. He joins sister, Sammi, 5, and brother, Jason, 2.



**6 Julie (Breuninger) '98** and **Joe Regenski '99**, a son, Landon Todd, May 17, 2009. He joins brother, Ryan Joseph, 3.

**7 Jenna (Hoff) '98** and Charles Roeder, a son, Jaxon Charles, Dec. 22, 2009.

**8 Lisa (Moore) '98** and Jared Rivera, a daughter, Lillian Francisca, Oct. 23, 2009. She joins sister, Nina Katherine, 5.



**9 Mindy and Lance Barry '99**, a son, Benjamin Brock, Dec. 17, 2008.

**10 Patricia (Booth) '99** and Christopher Coote, a son, Everett Russell, May 14, 2009. He joins sisters Kayann, 8, Madeleine, 6, and Gabrielle, 3.

**11 Kara (De Freest) '99** and **Jake Maskerines '00**, a daughter, Rachel Kara, Sept. 24, 2009. She joins sister, Kailey, 3.



**12 Kristen and Bart Makatche '99**, a daughter, Emma Marie, Dec. 20, 2009.

**13 Heather (Babbony) '01** and Jeremy Temple, a son, Evan Thomas, Sept. 19, 2009.

**14 Jackie (Moore) '01** and **Michael Thomas '99**, a daughter, Ireland Paige, Nov. 4, 2009.

**15 Sara (Deardorff) '02**, and Keith Heil, a son, Nicholas Tyler, March 30, 2009.



**16 Jill (Broschart) '03** and Mark Oettinger, a daughter, Jocelyn Donna, Sept. 3, 2008.

**1934 • Dr. Samuel H. Evert**, of Palm Beach Gardens, Fla., March 15, 2010. He was trustee emeritus of the College and earned an honorary degree from Lycoming in 1988.

**1935 • Jeanne L. (Young) McKinney**, of Youngsville, Pa., Sept. 5, 2009.

**1936 • Rev. Raymond L. Roderick**, of Frederick, Md., Oct. 28, 2008.

**1939 • Rev. Dr. James G. Shannon**, of Lititz, Pa., July 22, 2009.

**Mildred F. (Staiman) Weisel**, of Chesterfield, Mo., Sept. 13, 2009.

**1942 • Dr. Harvey I. Dunkle**, of Trabuco Canyon, Calif., Jan. 31, 2010.

**1943 • Robert L. Henbest**, of Elmira, N.Y., Feb. 13, 2010.

**1945 • Mary Jane (Harlan) Johnson**, of Renovo, Pa., Feb. 15, 2010.

**1946 • Jose R. Puente**, of Clemmons, N.C., Oct. 13, 2009.

**Otto L. Sonder Jr.**, of Oneonta, N.Y., April 19, 2010. He was an associate professor and chair of the Department of Sociology & Anthropology at Lycoming from 1956-68. In 1974, the Alpha Sigma Phi fraternity lounge at Lycoming was dedicated in his honor.

**1948 • Paul W. Kaseman**, of Lancaster, Pa., Dec. 11, 2009.

**1949 • Jean S. (Schaar) Lytle**, of Modesto, Calif., March 19, 2010. Among survivors is her husband, **Mark Lytle '48**.

**1950 • Charles J. Dittmar**, of Franklinton, La., June 22, 2009.

**Max S. Mintz**, of Vancouver, Wash., March 19, 2008.

**Milton S. Rinzler**, of Hewlett, N.Y., Oct. 31, 2009.

**Daniel T. Shaffer**, of Roanoke, Va., Oct. 27, 2009.

**Vernon F. Wykoff**, of Williamsport, Pa., April 15, 2010.

**1951 • Walter A. Troutman**, of Dover, Pa., Sept. 1, 2009.

**1952 • Anne (Palmer) Jayson**, of Fairfax, Va., July 22, 2008.

**Ruth A. (Wiehardt) Neal**, of Wilmington, Del., Dec. 14, 2008.

**1953 • Dr. Donald B. Adams**, of Newark, Ohio, April 2, 2010.

**1955 • Rev. James H. Clouser**, of Saratoga Springs, N.Y., Nov. 10, 2009.

**Rev. Lewis A. Crouse**, of Dallastown, Pa., Oct. 14, 2009.

**William D. Green**, of Wappingers Falls, N.Y., Oct. 31, 2008.

**Marlene (Crain) Ruddle**, of Hummelstown, Pa., Feb. 2, 2010.

**1956 • Rayallen Hoover**, of Mechanicsburg, Pa., Jan. 3, 2010.

**Robert R. Myers**, of Fort Myers, Fla., Dec. 29, 2009.

**Ramon W. Rickabaugh**, of Harrisburg, Pa., Feb. 15, 2010.

**1957 • George S. Beveridge**, of Bowling Green, Va., Nov. 20, 2009.

**Jonathon G. Phillips**, of Williamsport, Pa., Dec. 27, 2009.

**H. Donald Sestina**, of Emporium, Pa., March 9, 2010. Among survivors is his daughter, **Ann (Sestina) Osoba '94**.

**Phyllis J. (Swank) Wool**, of Williamsport, Pa., March 12, 2010.

**1958 • Dr. Willis W. Willard III**, of Carlisle, Pa., Nov. 27, 2009. He formerly served on the College's board of trustees.

**1959 • Philip H. Houser**, of Bellefonte, Pa., March 24, 2010. Among survivors is his wife, **Donna (Smith) Houser '60**.

**1960 • Betty J. (Edwards) Gerard**, of Fairless Hills, Pa., Feb. 14, 2010.

**James T. Wolyniec**, of Williamsport, Pa., Oct. 16, 2009.

**1963 • William J. Ainsworth**, of Roswell, Ga., April 5, 2010. He formerly served on the College's board of trustees.

**1964 • Richard C. Plotts**, of Williamsport, Pa., Jan. 27, 2010. Among survivors is his wife, **Doris (Hill) Plotts '71**.

**1965 • Barry W. Hess**, of Hughesville, Pa., March 10, 2010.

**Donald R. Irwin**, of Smithtown, N.Y., June 27, 2009.

**1966 • Michael E. Deemer**, of Yorktown Heights, N.Y., March 20, 2009.

**Linda L. Peterson**, of Devon, Pa., May 2, 2008.

**David R. Steinhart**, of Pittsburgh, Pa., Aug. 15, 2008.

**1968 • Nannette (Jaeger) Bosted**, of Crystal River, Fla., Jan. 17, 2010.

**Jeanne E. (Anderson) Flaccus**, of Williamsport, Pa., July 2, 2009.

**Donald P. Stolz Jr.**, of Frederick, Md., Jan. 22, 2010.

**1969 • Susan (Kituna) Mutie**, of Kenya, June 2009.

**Elizabeth L. Townsend**, of Rocheport, Mo., Nov. 14, 2009.

**Dr. George W. Updegraff**, of Austin, Texas, Nov. 25, 2009.

**1973 • Joanne (Brouwer) Procopio**, of Toms River, N.J., Feb. 14, 2010.

**1981 • John Comito**, of Massapequa Park, N.Y., Sept. 18, 2008.

**1984 • Richard C. Haas II**, of Odessa, N.Y., Dec. 30, 2008.

**1995 • Julie A. (Sheets) Moore**, of Etters, Pa., Dec. 17, 2009.

**2003 • Lynette K. (Knapp) Wetzel**, of Hatboro, Del., June 13, 2009.

**2004 • Hena Ahmad**, of Williamsport, Pa., April 9, 2010.

## F R I E N D S

**Dr. Thomas G. Barnes** of Berkeley, Calif., March 9, 2010. He served as an assistant professor of history at Lycoming from 1956-60 and as a Ewing Lecturer at the College in 1979. Barnes, a leader in the development of Canadian studies in the United States, was a professor emeritus of history and law at the University of California, Berkeley.

**Dr. Richard Stites** of Washington, D.C., March 7, 2010, in Helsinki, Finland. He was a history professor at Lycoming from 1959-69. He was noted for his landmark work on the Russian women's movement and numerous articles and books on Russian and Soviet mass culture. Stites was in Finland doing research when he died.

**Dr. Robert A. Zaccaria** of Williamsport, Pa., Jan. 24, 2010. He was an associate professor of biology at Lycoming from 1973-2002. He was an integral part of the education of nursing students at Lycoming. He served as the Biology Department chair and was chair for 14 years of the College's Health Professions Advisory Committee. He also helped initiate the Departmental Scholarship Program at Lycoming. Among survivors are sons **R. Anthony Zaccaria '92** and **Alan Zaccaria '96**.

# Capturing the Moment



## 162nd Commencement



*The Rev. Dr. David L. Reed '71, baccalaureate speaker*



*The Rev. Dr. L. Gregory Jones*



*Sean McGrath '10*



Excerpts from the keynote address by The Rev. Dr. L. Gregory Jones, dean of the Duke University Divinity School, who encouraged seniors to do three things:

### **Imagine**

“This is a time desperate for new imagination. You must have the ability to see things other people may not be able to see.”

### **Execute**

“Make your dreams become a reality. Deliver on your promises. Be a person of your word. Make the world a better place.”

### **Laugh**

“Take the world seriously, but don’t take yourself too seriously. Whatever you do, do it with joy and laughter.”



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“We have lived in something affectionately known as ‘the Lyco Bubble,’ but today that is gone forever, and it is time for us to take our places in society. Many will go off to find jobs and get married; others will go on to pursue the higher degrees of education. But no matter where we go, we shall all face the same challenges that confront our society today. The world needs people of honor, integrity, discipline, hope, courage, virtue and strength. As we move forward from this place, I challenge you to continue to seek wisdom and truth, as well as humility and compassion.”

### **Sean McGrath**

*senior class speaker*

*archaeology and culture of the ancient Near East major  
Littlestown, Pa.*

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# LYCOMING COLLEGE



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**OCT. 15-17**

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